



**Rockets vs. Braves**  
Rocket Stadium | 7 p.m. Friday  
See Sports on Page 11A for preview



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Thursday, September 11, 2014

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## Ex-councilman, policeman dies

Former Marion police officer and Marion City council member Jim Brown died Sunday at the age of 84. (See obituary on Page 7A.)

Brown began serving as a part-time patrolman in 1987 and was soon promoted to full-time. In December of 1989, just a month shy of his 60th birthday, Brown entered training at Kentucky's law enforcement basic training academy in Richmond.

"That's just almost unheard of at that age," said Marion Police Chief Ray O'Neal, who worked with Brown from 1999 until the senior officer's retirement in July 2001. O'Neal added that Brown's physical abilities surpassed that of many younger cadets at the academy.

"Jim was always a very fair and honest person in his personal life and as a police officer," the police chief fondly recalled, adding that Brown also knew how to have fun. "He was one that would keep you laughing."

After his retirement from the police force, Brown ran successfully for a seat on the city council four subsequent times, beginning in 2004. He served eight years and was the top vote-getter in both 2006 and 2008. He gave up the seat at the end of his 2010 term.

## U.S. 641 work to close Lloyd Road

Lloyd Road in southern Crittenden County will be closed to through traffic for a week beginning Saturday. The contractor for the U.S. 641 relocation project will keep the road closed through Sept. 20, weather permitting, for completion of work on an intersection.

## Senior Center director resigns

According to officials with Pennyville Allied Community Services in Hopkinsville, Crittenden County Senior Citizens Director Kim West has resigned her post, but will continue as a part-time PACS driver. West was hired to head the center in March. PACS Executive Director Judy R. Peterson said West felt a need to spend more time with her family. The position is being advertised in-house before outside applications will be taken.

## Homecoming parade Sept. 18

Football homecoming week will be next week. The parade will be at 5 p.m. next Thursday. Al and Angela Starnes have been chosen as grand marshals. To register a spot in the parade, contact Kim Vince at (270) 965-2248 or email kim.vince@crittenden.kyschools.us. The deadline to register for the parade is today (Thursday).

## Public meetings

- Marion City Council will meet at 6 p.m. Monday at Marion City Hall.

- Salem City Council will meet at 6 p.m. Tuesday at Salem City Hall.

- Crittenden Fiscal Court will meet at 8:30 a.m. next Thursday in the judge-executive's courthouse office.

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# Bumpy stretch of Main to finally see repairs

STAFF REPORT

Repairs to about 100 feet of pockmarked Main Street in Marion are scheduled to start in less than two weeks.

The four-day job will include smoothing out a couple of rough spots on the town's main thoroughfare, namely the damaged part of the street right in front of city hall. Repairs are slated to begin Sept. 22.

The bumpy stretch has been a major problem for more than a year.

Marion barber Mike Crabtree, whose shop is right in front of the damaged street, says he's relieved to learn the repairs are coming soon. Crabtree said the city administrator called him last week to advise him of the project's starting date.

"I am tickled," he said.

"When these big trucks hit that spot it's like a small earthquake in here. It will rattle you out of the chair."

Main Street was previously repaved in August 2012, but a roughly 50-foot stretch quickly began giving way, largely due to previous underground repairs in the area and an inadequate road base laid on top of the work.

"Any given day, it's the No. 1 issue around here," said Marion City Administrator Mark Bryant.

The Kentucky Transportation Cabinet has patched the area in the past, but Bryant said the City of Marion will be doing this month's scheduled repairs. He said the surface will be removed, repairs made to the base and then concrete will be poured on the surface.

The city estimates materials will cost between \$10,000 and \$12,000. City maintenance crews will make the repairs at night, but Bryant said no overtime will be used. Shifts will be changed in order to facilitate the work, starting after 6 p.m. between Sept. 22 and Sept. 25.

Large steel plates will be placed over the work area to allow for normal traffic during daytime hours, Bryant said. Finding an ample number plates for the job created a project delay.

At night, while repairs are under way, the work zone will be limited to one lane of traffic.

"We will provide traffic control," Bryant said, but he encourages local motorists to seek alternate routes during the repair period.



PHOTO BY DARYL K. TABOR, THE PRESS  
A troublesome stretch of pockmarked Main Street near the intersection with Depot Street will see permanent repairs made by the City of Marion later this month. Vehicles have been crowding the traffic lane to avoid the bumps for more than a year.



SUBMITTED PHOTO

Tony Belt points to the Hamilton Family fantasy football draft board late last month as his wife Heather keeps track of draft picks at the Marion home of Louise Hamilton, the family matriarch. The family has conducted its own fantasy football league for four years.

## Fantasy football brings family together from across country

STAFF REPORT

It's that time of year again. As the NFL season gets under way, fantasy football leagues are heating up across the country, giving 30 million Americans added incentive to stay glued to the television on Sunday afternoons.

Fantasy leagues spring up each year across the country, pitting co-workers, friends, strangers and family against one another in a strategic battle from late summer and into winter. One of those family leagues can be found right here in Marion.

On a muggy late-Au-

### Fantasy fathers

Modern fantasy football can be traced back to 1962 when Oakland Raiders limited partner Wilfred "Bill" Winkenbach and team public relations man Bill Tunnell, along with Oakland Tribune reporter Scotty Starling, developed a system of organization and a rulebook.

gust weekend, 39 members of the late R.C. Hamilton's family, known amongst themselves as the Hamilton Clan, met at the Marion home of R.C.'s

widow, Louise, for their fourth annual fantasy football draft. The league has expanded from its original 10-team format in 2011 to now include 14 teams for the 2014 season.

Team owners from as far away as Tuscaloosa, Ala., Danville, Ky., Knoxville, Tenn., and Honolulu, Hawaii, converged on Marion for their first-ever live draft.

For those unaware, fantasy football is an interactive competition in which users compete against one another as general manager.

See FANTASY/Page 2A

# Board of Ed OKs tax hike

By DARYL K. TABOR  
PRESS EDITOR

In the face of light community opposition last Thursday, Crittenden County Board of Education members voted by a 3-2 margin to up the school district's levy on this year's tax bills. The decision came after two hours of discussion at a public hearing.

Board members Chris Cook, Barrett Belt and Pam Collins backed the 4-percent

bump in tax collections.

"We're in a tough spot," Collins said before casting her vote. "After looking at the numbers, after much prayer, I think this is what we have to do. We've got to keep up."

The board says expenses for the school district continue to rise as funds from state and federal governments dwindle even as more

See TAX/Page 14A

## Ky. aging programs headed for overhaul

By MIKE WYNN  
THE COURIER-JOURNAL

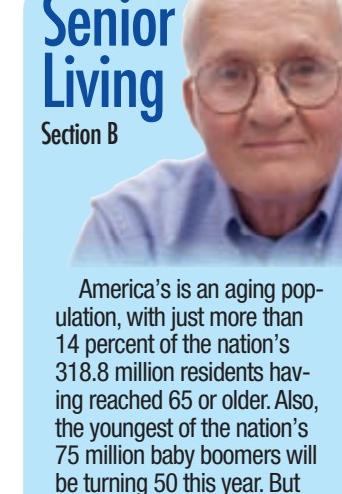
In her Louisville home adorned with family photos, Fyrne Gentry is waging a battle with pain and weakness over where to spend the rest of her life — and at 87, she's ceded ground.

The ache radiating down her back and legs makes housekeeping impossible. She can't drive. She needs help stepping into the shower, and some days, just getting out of bed is a challenge.

But even as the pain robs her freedom of movement, Gentry says the assistance she receives through a state program on aging at least gives her flexibility over

America's is an aging population, with just more than 14 percent of the nation's 318.8 million residents having reached 65 or older. Also, the youngest of the nation's 75 million baby boomers will be turning 50 this year. But life after 50 is just getting started for many. Inside, find our special section dedicated to senior living.

See AGING/Page 9A



## How did generations of children survive without today's protections?



### About Town

Got a chuckle at several of the things the email mentioned. Many of them brought back memories of my own childhood, way back when... before Hardee's was a gentleman's club.

Yep, I remember eating at

Hardee's as a kid. Never saw on a TV commercial a near naked woman rolling on the cab of a truck licking sauce off a burger. Maybe I was dining at the wrong restaurants back then.

We ate tons of bologna on crackers crammed with cheese that sat unrefrigerated on the counter at the country store.

Things were different for sure.

I never overdosed on aspirin even though childproof caps didn't come into existence until my teenage years.

Mother swears she took

care of me as a baby, but I've seen black and white pictures of my cute little self lying face down in a slatted crib on a blanket under what must have been a ceiling sopping with lead-based paint.

Is any of that safe by today's standards?

I know mother smoked while I was in the womb.

Maybe that is why the smell of cigarettes makes me want to regurgitate.

I never wore a helmet when biking until I refound the activity a few years ago. Because I bike now for good health, I do indeed wear a

helmet. Had I worn one of those goofy looking things on the country roads of the Van Dyke community where I grew up, the neighborhood boys would have beaten me with ball bats. How's that for safety?

When forced to drink water back in the day, it came virtually free from a hose, never from a \$1.69-screw-off-cap plastic bottle. Generally, the children in our neck of the woods drank Kool-Aid made with real sugar, and lots of it. The more scoops the better.

See CHILDREN/Page 2A

# News&Views

## The Crittenden Press

### Letters to the Editor

P.O. Box 191, Marion, KY 42064

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#### FREQUENTLY ASKED QUESTIONS

Is the courthouse open on Saturday? Yes. Most offices are open a half-day Saturday except during holiday weekends. The PVA and judge-executive's office, however, are closed on Saturday. When is the solid waste convenience center (trash repository) on U.S. 60 East open? Monday through Friday from 8 a.m. to 4 p.m., and Saturday 8 a.m. to noon. It is closed only on Sunday. Do I have to have a dog license? Yes. Licenses are available for \$5 through county Animal Control Officer Denise Peek (969-1054) at the animal shelter on U.S. 60 East.

### EDITORIAL

## On 9/11 anniversary, greater threat exists in ISIS, inept leaders

Today (Thursday) marks 13 years since the worst attack on America since the British sacked Washington 200 years ago in the War of 1812. Finally, we can say the wounds from 9/11 are healing.

Today, the National September 11 Memorial & Museum majestically covers the footprint of the once mighty Twin Towers that lay in a smoldering heap after the attacks. Freedom Tower now rises in the heart of the World Trade Center as the tallest building in the United States, soaring in defiance of the evil that thrust a dagger into the heart of Americans on that crisp, clear September day in 2001. The National 9/11 Pentagon Memorial draws visitors daily to the nation's defense headquarters. And the Flight 93 Memorial in Shanksville, Pa., pays homage to a brave few who fought the terrorists in the skies and thwarted an attack on the U.S. Capitol.

The battle to avenge the attacks of 9/11 is also winding down after more than a dozen years and more than 6,800 American lives lost in Iraq, Afghanistan and the broader Operation Enduring Freedom. U.S. combat troops left Iraq in 2011, and plans are currently for combat troops to withdraw from Afghanistan by the end of 2016.

We have returned to flying largely without fear, and security restrictions at airports have relaxed. In general, we are as back to normal as one could have envisioned a decade ago.

For each wound that has healed, however, scars remain, and those scars should serve as reminders to what complacency and apathy bring. Time has assuaged the pain of 9/11; yet that same time has given rise to a more serious threat than Osama bin Laden and al-Qaida brought to our shores in 2001.

Americans now believe ISIS presents a more direct threat to our way of life than was ever thought of al-Qaida. In fact, according to a recent CNN poll, 70 percent of Americans fear ISIS has the capabilities to launch an attack against the U.S. However, a majority are opposed to anything more than air strikes and providing humanitarian and military aid to those battling ISIS in Iraq and Syria. Certainly, putting U.S. military boots on the ground is not an option for which the majority of Americans have a stomach.

On Wednesday, President Barack Obama was scheduled to address the nation to lay out his strategy for dealing with ISIS. It was unclear at press time what that plan might be. Yet whatever he chooses to do, most Americans seem to want the president to gain approval from Congress for any action. Keep in mind, our nation's approval rating of federal lawmakers is at 14 percent and our faith in the president is below 40 percent. So what does that say for the confidence we have in our leadership in finding a solution to this growing outside threat to our way of life?

As we today mark the anniversary of 9/11, we might look ahead at the realization that another attempted attack on American soil is fast approaching. In fact, the post-9/11 world presents more of a danger to America than at any time since World War II. With that, a fragile economy, no tolerance for another war and perceived inept leadership, an air of restlessness exists in our nation.

We can only hope our leaders can step up to their responsibilities, set differences aside and avoid another 9/11. We can afford no more scars.

## Education an investment in future

Nobody likes paying more taxes. I mean nobody.

In fact, nobody likes paying any tax whatsoever. I dare say that if Uncle Sam down to the local tax collector declared 2015 a year of blanket tax amnesty, no one would be writing their elected officials demanding an explanation. With no income tax, no property tax, no sales tax, no use tax, no service tax, no tax of any kind, who would complain?

Everyone. That's who.

Why, because taxes make the world go round. They pave our streets, build our bridges and even keep the snow cleared in the winter. They offer police and fire protection. They help out the elderly and disabled. They educate our children. They give us the best national defense money can buy. They buy us freedom. They buy us luxury. They buy us order.

But for as much good as taxes provide for, they also have a dark side.

For instance, they back the paychecks of do-nothing lawmakers responsible for gridlock from statehouses to Congress, rogue judges issuing biased rulings and presidents with low approval ratings who enjoy extended golf outings while vacationing at Martha's Vineyard, and to be fair, presidents who unwind playing cowboy on the family ranch in Crawford, Texas. They pay for

roads to nowhere. They also pay for bureaucrats who excel at doing nothing or making life miserable for the average taxpayer.

Taxes surely create a mixed bag of results.

Locally, Crittenden County property owners in the 2014 tax year will be paying more. Specifically, that extra will go to the school system. Nobody is celebrating it, some have agreed to tolerate it and many just downright abhor it.

In brief, school officials say they need the money to address rising expenses and unfunded mandates while financial help from state and federal sources heads the opposite direction.

Those against the tax bump say they are having the same problem the school system is having, costs — groceries, utilities, gas, insurance and medical and housing expenses — are all up while income is flat or in decline.

Like it or not, this is a poor county, and unfortunately, the way the taxing

system works in Kentucky, the burden to provide more cash for school systems falls on the property owners lucky enough to have a place to call their own. Tack on an extra tax to the rising expenses for these families and it's enough to make a person want to give up. In fact, financial troubles are among the top triggers for the onset of depression in America.

It hardly seems fair to put the burden of education solely on property owners. But, that's the rule of the law. As board of education member Bill Asbridge said, it seems the state should figure a way for sales taxes to help fund education in the Kentucky. That way, everyone who buys a pack of gum, a lawn mower or a magazine shares the burden.

Sadly, that's not likely to happen anytime soon.

The new tax rate for the local school district is here, like it or not. You can hate those who voted for it, curse them under your breath or practice voodoo witchcraft on their tiny effigies, but it won't change anything on that tax bill headed for your mailbox in a few weeks.

As a homeowner, I don't particularly like the idea of paying out more. Like so many other property owners who make the argument against, I don't have a child in the school system to support.

However, I do have a

### LETTERS TO THE EDITOR

#### Kirk best on ballot for county jailer

To the editor

To the voters of Crittenden County, I would like to take the time to thank you for getting out and voting. I would like to also thank all of the candidates for a good, honest race in the primary.

I would like to show my support for a candidate who has gone above and beyond for the people of Crittenden County and western Kentucky, a man who has been successful in everything he has set out to do, if it be job related or personal business.

Robbie Kirk has served the people of Crittenden County as a law enforcement officer and business owner for many years. Robbie has raised his family here and worships here, and I think Robbie would be an outstanding jailer. He has the experience needed to run the detention center as it needs to be, with both law enforcement

and business in mind.

The detention center is very important to the county, not only for the jobs it brings, but also for the jobs that get done which the county could not have done if it weren't for the labor force the jail supplies.

I have known Robbie for many years. As a God-fearing family man, I know that he has the interest of the people of Crittenden County in mind. So I hope you will join me in supporting Robbie Kirk for Crittenden County Jailer.

Rick Mills

Marion, Ky.

#### Pumpkin Festival Car Show nearing

To the editor

The time is quickly approaching for the fourth annual Crittenden County Chamber of Commerce Pumpkin Festival Car Show, which is scheduled for Sept. 27.

With the festival located around the courthouse, we are asking store owners to decorate their storefront with corn stalks, pumpkins and fall foliage. There will be a contest with first-, second- and third-place plaques to be awarded to the "Best Dressed."

Put on your creative hats and make your storefront beautiful. This will help unify our pumpkin

#### The Press letters policy

Letters should be submitted by 5 p.m., Friday the week before publication. Submissions must include only the author's name, address, phone number and signature. Phone numbers and addresses are required, but will not be published.

Letters should be written in good taste and in most cases should not exceed 300 words or be submitted within 30 days of your last submission. The Crittenden Press reserves the right to reject or edit letters for clarity, brevity and otherwise at our discretion. Original submissions will not be returned.

Your letters to the editor may be brought into our office or sent to: Letters, P.O. Box 191, Marion, KY 42064-0191 or emailed to [thepress@the-press.com](mailto:thepress@the-press.com).

festival theme. If the Chamber can be of any assistance to you, please let us know.

Thank you for your time and assistance. We look forward to the fourth annual Pumpkin Festival Car Show and sharing our heritage with you.

**Robin Curnel**  
President, Crittenden County  
Chamber of Commerce  
Marion, Ky.

### FANTASY

Continued from Page 1A

aggers of virtual "fantasy" teams built from "drafting" real NFL players. The players that an individual is able to manage earn points each week based on their performance on the field. The different actions people are able to make are drafting, trading, adding or dropping players and changing rosters every week.

Though they've been around for decades, fantasy leagues are now mostly Internet-based, allowing individuals to face off with competitors across the nation.

The Hamilton Clan's league commissioner, Ross Love, the grandson of R.C. and Louise, first conceived the idea of a live draft during family Christmas festivities in 2013. Love envisioned a live draft format that would allow all teams to interact in person during the draft instead of being geographically separated as in previous drafts.

"The best part of the draft is the camaraderie that develops throughout the selection of each team's players," Love said. "That had been missing in our past online drafts, so I wanted to get the group together to experience it first-hand during the

times."

Nowadays, school age kids aren't even allowed to play golf when it's that hot. Part of the new-age rules.

draft."

Teams in the league play a 16-week round robin-style schedule. The top three teams in each division advance to the three-week playoffs where a league champion is crowned during a Christmas Day Awards Banquet.

The 2013 Hamilton Champion, Go For 2, coached by Rebecca Folks, looks to defend its title against a cadre of veteran and rookie managers.

"The consolidation of some teams this year will lead to more intense competition," predicted Folks, "and we are looking forward to the challenge."

Mike Hamilton uses his expertise in the screen printing business to create T-shirts for all members of the family fantasy football league. The league motto, "There is no family in fantasy football, only obstacles to overcome," is printed on the shirts.

"We don't play for money, but for T-shirts, trophies and, most importantly, bragging rights for a year," Hamilton explained.

Matches for the 2014 season began last Thursday and final league standings will be determined on Christmas Day at the Hamilton family holiday gathering.

"Fantasy football has

brought our family together," Hamilton added. "It seems like it's hard for families to all get together except in sad times. Now, the whole Hamilton Clan gets together at least twice a year, and we constantly stay in touch with each other, especially during football season."

Some of the clever team

names in the Hamilton league are All Bark No Bite, named by groomer Carolyn Fralick; Gridiron Gilkeys, which is the team of Grant and Elise Gilkey; Team 4 Little Giants, named by Jerry, Jennifer, Jacqueline and Julia Little; and Won and Done, the team created by Ashley Hamilton.

### CHILDREN

Continued from Page 1A

None of us were overweight, though. Guess it's because we were outside playing from morning until night.

None of us died from playing in the summer sun, even though I know the heat index was well over 105 at times.

Nowadays, school age kids aren't even allowed to play golf when it's that hot. Part of the new-age rules.

Dad gave me a BB gun when I was about 8 or 9.

Never shot another person with it, but popped several jays, redbirds and wrens.

BBs today are plastic, and they're bright green or yellow in order to improve prey's ability to dodge them.

Doubt these so-called Air Soft pellets would even bust through the thin hide of frog. What good are they?

Yep, times have changed. If I got a paddling at school, dad whipped my tail with a leather belt when I

got home. Parents today want to attack a teacher if they discipline a kid like that at school. Heck, they can't even whip a kid any more. I remember Coach Evelyn strapping my lower posterior with a wooden paddle laced with holes so it could be swung faster. It was aerodynamic and hurt like the Dickens.

If a teacher did that today, he'd be locked up.

Same thing with speeding tickets. I got one when I was 16. Had to save my money

to pay it. Mom and dad didn't go to court and try to get me out of it.

I guess times are good, but I think we learned more about life back then.

We understood the perils and pitfalls of doing wrong and about taking responsibility when it was the right thing to do. Not sure later generations have been exposed to the potential dangers we were and not sure they'd know how to deal with them if they were.

It's a tragedy really.

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# Davies graces cover of August edition of outdoors magazine

By JASON TRAVIS  
STAFF WRITER

At the age of 17, Katie Davies is already making a name for herself as an outdoors enthusiast.

Last month, Davies was featured on Kentucky Outdoors Magazine's August cover. A senior at Crittenden County High School, Davies competes in archery tournaments and has been hunting since she was 9 years old.

Davies said it was an honor to be featured in the magazine. The big buck shown with her on the cover was the second one she had ever killed. While on the hunt, it was a surprise when the buck came into view, she said. Moments earlier, several other deer had been spooked away. Then suddenly, the buck showed up within 18 yards of her position.

"The experience was awesome because it was the first day of the season," she said. "We had that buck patterned all summer long."

Hunting allows Davies to appreciate the sights and sounds of nature. She credits her love of hunting to her parents who also enjoy the sport.

"I got really hooked after my first doe hunt. I got so excited. My heart raced and all that good stuff that you get when you're in a tree stand. I just couldn't stop hunting after that," she said.

Davies said competitive archery is equally exhilarating. She has competed across the Southeast in states such as Georgia, Florida, Louisiana and Texas. She said archery competitions require a completely different approach to the sport than hunting.

"You have thousands of people watching you. You have to make that perfect shot because it's nothing like a buck kill. With a buck, if you think of its lungs and its heart, it has such a bigger



IMAGE COURTESY OF KENTUCKY OUTDOORS MAGAZINE

Crittenden County's Katie Davies graces the cover of the August edition of Kentucky Outdoors Magazine. A high school senior, Davies is already making a name for herself as an outdoors enthusiast.

(target area) than the 12-ring that's on a competition animal that's maybe over the size of a quarter. You have to be able to hit that at 45 yards or whatever your yardage max is.

"To have that pressure of knowing you're competing with the best of the best, it's a completely different mindset, and you just have to really try to keep your nerves down and do your best, and keep yourself calm to be able to succeed in that kind of a situation."

Unlike the muted sounds in the forest, audience noise and distractions can play a factor in archery competition.

Davies said tuning out the extraneous noise during competitions is something she's working to overcome.

After graduation, Davies plans on studying business and journalism. She hopes to pursue a future career in television and outdoors writing.

She's especially grateful for the people in her life who have offered her encouragement and advice on pursuing her dreams and what she enjoys.

"God has blessed me quite a bit with being able to let me do what I do and have the people in my life to help me," she said.

## High Attendance Day for schools next week

STAFF REPORT

Next Wednesday will be High Attendance Day in Kentucky schools.

"For students to learn and achieve at a high level, they have to be in class," said Karen Kirby, the current president of the Kentucky Directors of Pupil Personnel.

Al Starnes, director of pupil personnel for Crittenden County Schools, agrees.

"It is the Rocket way: Every student, every day," he said. "We can't educate students who are not in attendance. We don't want students to fall behind, and one sure way to prevent that is to be in class. You retain more if you are there than if it is a make-up situation."

On High Attendance Day, elementary, middle and high schools may compete in small-school or large-school categories. Awards will be determined statewide based on each individual school's performance, regardless of its district's performance. The

school in each category with the highest percentage attendance for that day will be awarded \$500.

Starnes said last year's attendance for the state competition was as follows:

- Crittenden County High School, 94.52 percent.

- Crittenden County Elementary School, 96.43 percent.

- Crittenden County Middle School, 96.86 percent.

Regular attendance is essential for success in school. By attending class regularly, a student is more likely to keep up with the daily lessons and assignments and achieve academic performance benchmarks on time. Research reflects that a child's attendance record is one of the strongest single predictors of their academic success.

Students with irregular attendance may not develop the responsibility, self-discipline and effective work skills essential for success in school and life. They tend to fall behind

and are continuously struggling to catch up. This diminishes their confidence and attitude toward learning. Students who accumulate unexcused absence events may be petitioned to the court system to address truancy.

School attendance is both a parent and student responsibility. Parents can help by instilling the habit of attending school every day at an early age and by staying interested in their child's school activities from Day 1 all the way through graduation. Parents should stay involved by monitoring their child's progress and grades, contacting teachers with questions or concerns and attending school functions and meetings.

For older students, being in school every day gives them a chance to learn more about college and other post-secondary opportunities and to perform to their highest potential on important exams they need to build a successful academic record.

## Kentucky OKs propane school buses across state

STAFF REPORT

Other Kentucky school districts will soon be able to join Crittenden County in operating propane school buses.

Thanks to Crittenden County School District's success with piloting the state's only propane-fueled school bus, Kentucky Department of Education officials have given the green light to other school districts in the commonwealth who want to add propane-fueled buses to their transportation fleets.

Crittenden County expects the additional propane buses to be onsite and operational sometime this fall.

Local school officials said a propane bus costs approximately \$98,000, compared to \$94,000 for a typical diesel bus. But over the life cycle of the propane bus, which is about 15 years, school transportation officials estimate the buses will pay for themselves in half that time and cost the district at least half in fuel costs compared to diesel units.

**Henry & Henry Monuments**

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**Mark Your Calendar**

Election time is around the corner and the Crittenden County Republican Party is having Town Hall Meetings in your community.

**MATTOON VOLUNTEER FIRE DEPT.:**  
September 16, 2014 at 6:30 p.m.

**SHADY GROVE VOLUNTEER FIRE DEPT.:**  
September 23, 2014 at 6:30 p.m.

**MARION COURT HOUSE:**  
September 30, 2014 at 6:30 p.m.

**GRACE BAPTIST CHURCH:**  
October 7, 2014 at 6:30 p.m.

**TOLU COMMUNITY CENTER:**  
October 14, 2014 at 6:30 p.m.

Speakers Will Be Republican Candidates For:  
4th District State Representative **Lynn Bechler**  
Crittenden County Judge-Executive **Perry Newcom**  
Jailer **Robbie Kirk**  
1st District Magistrate **Jeff Ellis**  
5th District Magistrate Candidate **Wayne Winters**  
Non Partisan Family Court Judge Candidates  
**Brandi Hagan Rogers** and **Ben Leonard**

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Saturday, September 13, 9:30 am until 4:15 pm  
Lunch will be on your own.

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# CCMS helps teacher battle cancer

By JASON TRAVIS  
STAFF WRITER

School textbooks can't teach all of life's lessons, such as grace under pressure. But Crittenden County Middle School social studies teacher Neville Palmer is determined to exhibit the qualities of courage and grace as he faces a serious health challenge.

Palmer was recently diagnosed with cancer. The discovery was made after he experienced two seizures. He experienced the first one in July, which was initially thought to be an epileptic seizure. Over Labor Day weekend, he experienced a second seizure while jogging on Elm Street.

He was taken to Crittenden Health Systems and a CT scan indicated a brain tumor. He was rushed to Vanderbilt University Medical Center in Nashville, Tenn., where more tests were conducted and more possible tumors were located on his body. He said doctors are still examining tissue samples and awaiting additional test results from a biopsy.

This isn't Palmer's first battle with the disease. Two years ago, he underwent surgery to remove skin cancer. At the time, doctors thought they had removed all of the cancer. This week, Palmer is preparing to undergo a series of radiation treatments to again wage war against the disease.

"I'm doing OK, considering I'm just trying to adjust to the news," he said. "I know we've got a battle ahead of us. We've got to pray and keep our faith. My wife is a trooper for sure. She's been extremely strong taking care of a little baby and me, too."

Palmer and his wife, Crystal, are expecting another child in January. The family moved to Crittenden County at the beginning of the school year. A graduate of Lyon County High School, Palmer began his teaching career in Bourbon County near Lexington. He's been teaching for eight years and told The Crittenden Press in July he enjoys motivating students that aren't motivated to learn.

CCMS Principal Teresa Marshall said the school's faculty and staff stand united with Palmer and his family.

"Mr. Palmer is very new to our staff, but he has become



## COLLABORATION WITH COMMUNITY

- Regular meetings with community organizations involved with our families and children to build strong relationships for the healthy development of our children enabling our community to grow stronger
- Team building with churches, schools, and other organizations to develop an interdisciplinary approach to dealing with family issues
- Partner with educators to promote school attendance and the importance of education

## PROMOTION OF HEALTHY FAMILIES

- Involve community services to promote healthier families by helping parents understand the experiences of children during and after divorce, help children cope with the changes in their family, promote cooperation between parents concerning the needs of their children, and improve communication between parents and their children
- Utilize programs focused on such areas as health, nutrition, money management, and other skills
- Facilitate programs for interested parties responsible for child welfare and related family issues

## DRUG TESTING

- Research has indicated that more than 70% of child abuse and neglect cases involve drug abuse; therefore, the implementation of mandatory drug testing for parents in all child abuse and neglect cases as well as the utilization of faith-based long-term drug rehabilitation is necessary

Paid for by Ben Leonard

# BEN LEONARD FAMILY COURT JUDGE



PHOTOS BY JASON TRAVIS, THE PRESS



pledging per minute. Donations for the challenge will be accepted through Friday.

Thompson, who also teaches social studies at CCMS, praised Palmer's dedication to education.

"He's an excellent teacher and really good at what he does. We're lucky to have him here," Thompson said. "Whatever we can do to help him tackle this hurdle that's in front of him, we're going to do that. We're here for him and his family."

Last week, the school did just that. Students raised \$1,000 to go toward a care fund for Palmer and his family. The money was raised from CCMS teacher Ben Thompson's Iced "T" Challenge. Thompson spent 15 minutes in a tub filled with ice water.

Students lent their support by pledging a flat donation or

Above, Crittenden County Middle School teacher Neville Palmer, his wife Crystal and their son Kason stop for a photo after visiting with students at CCMS last Friday and attending the Ice "T" Challenge held as a fundraiser for the teacher, who was recently diagnosed with cancer. At left, CCMS social studies teacher Ben Thompson takes the Ice "T" Challenge by plunging into a tub of ice water at Rocket Stadium last week. Money from the fundraiser will go toward a care fund for the Palmer family.

their appreciation to staff and students at the middle school.

"Regardless of what happens, I want to be a testament to faith and courage, because it's easy to buckle with these types of circumstances," Palmer said. "It's so sad to me that so many people are on their own, and they don't have the support network that I do. I am extremely grateful for it. We all are."

A community yard sale to benefit Palmer's care fund will be held from 8 a.m. to 2 p.m., Oct. 9 at Marion United Methodist Church basement, with sale items donated by school district employees.

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# Plan for the Future

## Family Court Judge

### Crittenden, Union, & Webster Counties



## IMPLEMENTATION OF CASA

- Implement the community based program for children, Court Appointed Special Advocate (CASA). Every day in our country, 1900 children become victims of abuse or neglect. CASA recruits and trains volunteers from our community to advocate for the best interests of abused and neglected children in courtrooms and communities

## ESTABLISH STANDARDS

- Create Family Court operation and efficiency standards
- Implement case-processing and tracking procedures
- Increase case reviews to ensure permanency goals are reached for children

## INCREASE COURT ACCESSIBILITY

- Provide additional court time per year by establishing new case docketing

## DISTRIBUTION OF INFORMATION

- Disseminate data, publications, and other information to promote knowledge of the court system and available programs as well as reporting mechanisms available to combat child abuse and neglect
- Improve waiting room areas to aid in dissemination of information

## PLEDGE TO LISTEN

- Focus on best interests of children
- Fair and impartial decision-making after all sides have been heard

Paid for by Ben Leonard

# Armyworm making itself known

If you have noticed dark greenish-brown to black caterpillars with pale white, orange and dark brown stripes in your lawn, pasture or alfalfa fields, it could be an armyworm. The head is yellowish brown with a brown network of veins, giving it a mottled appearance.

Armyworms are native to North America and can be found east of the Rocky Mountains, reaching northward into southern Canada. They get their name from their distinct behavior. As they consume available food sources, they migrate in an army-like fashion to new host plants. Armyworms typically feed on grasses, but some broad leaf stands can still be affected.

As I went out sweeping some soybean fields earlier this week, I didn't find any but that doesn't mean that they aren't there.

Patty Lucas, entomologist researcher for the University of Kentucky, set traps in Caldwell County and found 285 in one week. This number is a lot higher than usual, which could be due to the rain we had recently.

According to Doug Johnson, Extension entomologist with the University of Kentucky, rainy periods in late summer result in increased survival of small fall armyworm caterpillars, which can lead to outbreaks.

Armyworms feed on leaves in the evening, early



**Ag Notes**

morning and on cloudy days. During the heat of the day, they stay hidden in surface residue or in soil cracks.

Be sure to look for chewed leaves. This is the earliest sign of infestation. Field corn is likely too far developed for damage to occur, as with full season soybeans. However, double crop soybean could be problematic if the bean has not reached the R6 stage, also known as the full seed stage. If the soybeans have reached the full seed stage, the pods should contain green seed. Also, if the double crop soybeans are surrounded by hayfields or pasture fields, if the fields are infested with weeds or if there has been a recent defoliation/weed kill nearby, the double crop soybeans could be at risk.

Keep in mind, these armyworms feed on foliage. If the foliage they have been feeding on suddenly dies, they will travel as an army to the nearest source of food. The fields that are at a higher risk are forage fields of mixed alfalfa, grass and pasture fields. Established



PHOTO PROVIDED  
University of Kentucky Crittenden County Cooperative Extension Service Agent for Agriculture Meredith Hall sweeps a soybean field looking for the armyworm, a pest to farmers.

fields will probably not be killed, but a complete cutting may be lost. Newly established stands by far pose the greatest risk. If armyworms invade a new establishment, there could be a 100-percent kill.

The same rule applies for home lawns. The better established, the less of a risk. Homeowners wishing to apply an insecticide should read the label to make sure it lists armyworm control.

Control in fields and pastures may be a little more challenging. Malathion is the

only insecticide with a zero-day preharvest or grazing interval, but control may be limited.

For a complete list of chemicals and recommendations for control, please contact me. If you suspect armyworm damage or find armyworms, I would be happy to come out and investigate.

(Hall is the University of Kentucky Crittenden County Cooperative Extension Agent for Agriculture and Natural Resources. She can be reached at (270) 965-5236.)

## Livestock producers urged to enroll in USDA disaster assistance program by end of month

STAFF REPORT

The U.S. Department of Agriculture (USDA) is encouraging producers who have suffered eligible disaster-related losses to act to secure assistance by Sept. 30, as congressionally mandated payment reductions will take place for producers who have not acted before that date. Livestock producers who have experienced grazing losses since October 2011 and may be eligible for benefits but have not yet contacted their Farm Service Agency (FSA) office should do so as soon as possible.

The Budget Control Act passed by Congress in 2011 requires USDA to implement reductions of 7.3 percent to the Livestock Forage Disaster Program (LFP) in the new fiscal year, which begins Oct. 1. However, producers seeking LFP support who have scheduled appointments with their local FSA office before Oct. 1, even if the appointment occurs after Oct. 1 will not see reductions in the amount of disaster relief they receive.

USDA is encouraging producers to register, request an appointment or begin a LFP application with their county FSA office before Oct. 1 to lock in the current zero percent se-

questration rate. As an additional aid to qualified producers applying for LFP, the FSA has developed an online registration that enables farmers and ranchers to put their names on an electronic list before the deadline to avoid reductions in their disaster assistance. This is an alternative to visiting or contacting the county office. To place a name on the LFP list online, visit [www.fsa.usda.gov/disaster-register](http://www.fsa.usda.gov/disaster-register).

Producers who already contacted the county office and have an appointment scheduled need do nothing more.

"In just four months since disaster assistance enrollments began, we've processed 240,000 applications to help farmers and ranchers who suffered losses," said Agriculture Secretary Tom Vilsack. "Eligible producers who have not yet contacted their local FSA office should stop by or call their local FSA office, or sign up online before Oct. 1 when congressionally mandated payment reductions take effect. This will ensure they receive as much financial assistance as possible."

The Livestock Indemnity Program, the Tree Assistance

Program and the Noninsured Disaster Assistance Program Frost Freeze payments will also be cut by 7.3 percent on Oct. 1. Unlike the LFP, applications for these programs must be fully completed by Sept. 30. FSA offices will prioritize these applications, but as the full application process can take several days or more to complete, producers are encouraged to begin the application process as soon as possible.

The LFP compensates eligible livestock producers who suffered grazing losses due to drought or fire between Oct. 1, 2011, and Dec. 31, 2014. Eligible livestock includes alpacas, beef cattle, buffalo, bison, dairy cattle, deer, elk, emus, equine, goats, llamas, poultry, reindeer, sheep or

swine that have been or would have been grazing the eligible grazing land or pastureland. Producers forced to liquidate their livestock may also be eligible for program benefits.

Additionally, the 2014 Farm Bill eliminated the risk management purchase requirement. Livestock producers are no longer required to purchase coverage under the federal crop insurance program or Noninsured Crop Disaster Assistance Program to be eligible for LFP assistance.

To learn more about USDA disaster relief program, producers can review the 2014 Farm Bill fact sheet at [www.fsa.usda.gov/farmbill](http://www.fsa.usda.gov/farmbill), the LFP program fact sheet, <http://go.usa.gov/5JTk> or contact their local FSA office.

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## Students called upon for 2014 conservation writing, art contests

STAFF REPORT

As another new school year gets under way, the search for Kentucky's finest young writers and artists also begins. Students in grades 1-12 are encouraged to create and submit short essays and artistic entries for the annual Conservation Writing and Art contests sponsored by Kentucky Farm Bureau and the Kentucky Association of Conservation Districts.

This year's competition, featuring the 70th annual Writing Contest for grades 6-12 and the 40th annual Jim Claypool Conservation Art Contest for grades 1-5, focuses on soil conservation. While creativity is a key component to the contests, students will primarily be

challenged to think about the environment around them and efforts they can take to help preserve it. Participants are asked to share their ideas through short essays and artwork, persuading readers and viewers to take action toward soil conservation efforts.

County-level winners receive a \$25 check, regional winners get \$50 and the overall state winners collect \$250 for first place, \$150 for second place and \$50 for third place.

Contest resource materials – including a teacher's guide and official entry form – are available online at [kyfb.com/federation](http://kyfb.com/federation). Completed entries for the 2014 competition must be received at the student's local conservation district office by Dec. 1.

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# Livestock report

## USDA Ledbetter auction results

Sept. 9, 2013

Receipts: 735 head.

Compared to last week: Feeders steers and heifers traded 5.00-10.00 higher. Slaughter cows and bulls traded steady.

### Feeder Steers Medium and Large 1-2

Head Wt Range Avg Wt Price Range Avg Price

3	200-300	271	245.00-265.00	257.83
7	300-400	361	240.00-250.00	245.02
11	400-500	453	200.00-227.00	217.04
25	500-600	576	200.00-218.00	212.96
2	600-700	658	190.00-200.00	194.83
1	700-800	725	184.00	184.00

Feeder Heifers Medium and Large 2-3

Head Wt Range Avg Wt Price Range Avg Price

9	300-400	357	270.00-295.00	281.54
31	400-500	450	245.00-276.00	254.46
29	500-600	533	221.00-245.00	228.62
17	600-700	649	196.00-211.00	202.15
3	700-800	705	184.00-185.00	184.67
1	800-900	825	160.00	160.00

Feeder Bulls Medium and Large 1-2

Head Wt Range Avg Wt Price Range Avg Price

9	300-400	363	240.00-264.00	246.68
20	400-500	470	219.00-241.00	231.92
23	500-600	567	200.00-216.00	213.30
5	600-700	661	180.00-192.00	185.59

Feeder Bulls Small and Medium 1

Head Wt Range Avg Wt Price Range Avg Price

2	500-600	550	177.11	
2	600-700	635	160.00-190.00	175.59

Slaughter Cows:

%Lean	Weight	Avg-Dress	Lo-Dress
Breaker	75-80	1300-1700	104-112
Boner	80-85	1160-1700	102-114
Lean	85-90	1010-1400	94-102
			90-94

Slaughter Bulls:

YG:	Weight	Avg-Dress	High-Dress	Lo-Dress
#1-2	1025-2275	122-132	142	116-120

Stock Cows: Cows 2 to 8 years old and 3 to 8 months bred 1025.00-1575.00 per head.

Stock Cow/Calf Pairs: Cows 4 to 5 years old with calves at side 1675.00-1925.00 per pair.

Chip Stewart, market specialist  
[www.ams.usda.gov/mnreports/sv\\_ls150.txt](http://www.ams.usda.gov/mnreports/sv_ls150.txt)

## The Crittenden/Livingston Water District will be accepting sealed bids for the following trucks and equipment:

- 1984 International Semi Truck (bad motor) with Lowboy Trailer
- 2006 GMC 1/2 Ton Pickup
- 2004 Chevrolet 1/2 Ton Pickup
- 2001 Utility Bed Knapheide

Sealed bids will be accepted at the Crittenden/Livingston Water District office or can be mailed to 620 E. Main St., Salem, KY 42078. All bids should be sealed and marked with description of truck or utility bed.

Bids will be opened at the Crittenden/Livingston Water District Office during the regular monthly meeting on September 22, 2014 at 7:00 p.m. Any or all bids may be rejected.

For more information or to inspect the trucks and/or utility bed, please call (270) 988-2680 or Contact Ronnie Slyden at (270) 519-2979.

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CRITTENDEN CO, KY - 58 ACRES - An excellent combination property with 100+ acres of outstanding hunting possibilities. Easy access to utilities with building sites.

CRITTENDEN CO, KY - 181 ACRES - Excellent habitat and trophy management. With tillable ground for food and income with a great hunting cabin and stellar views make this a farm that does not hit the market very often.

CALDWELL CO, KY - 93 ACRES - \$148,000 - This farm offers a ton of quality hunting and recreational potential. Property is all wooded with just a couple of small openings for food plots.

CRITTENDEN CO, KY - 134 ACRES - \$186,900 - High quality hunting tract comprised of food, cover & water. Great internal trail system for excellent access and NO road frontage.

CALDWELL CO, KY - 103 ACRES - \$237,200 - The genetics of this property is the right mix for a great hunting property with income to boot.

CALDWELL CO, KY - 118 ACRES - \$195,000 - Outstanding habitat that is built for deer hunting! A great mixture of open timber, dense cover, water, and food.

CRITTENDEN CO, KY - 523 ACRES - Price Reduced to \$834,185 - This super hunting tract combines the best of multiple habitats for whitetail deer and turkey hunting. A small cabin also resides on the property.

CRITTENDEN CO, KY - 250 ACRES - Price Reduced. \$1,750/ACRE - 3 ponds, wood timber, overgrown fields and pasture.

**SOLD**  
WHITETAIL PROPERTIES  
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## NEWS BRIEFS

### Recycling center target of burglars

Local authorities say burglars made a bold move to steal several thousand dollars worth of copper wire in the dark hours of Saturday morning after a security alarm had been triggered at Marion Recycling Center on U.S. 641.

An automatic alarm system went off shortly after 2 a.m., and the sheriff's department was dispatched to the scene but found the doors locked and nothing out of place. About an hour later, the owner arrived and found that burglars had gotten away with two large pallets of copper wire.

Investigators believe the intruders used a cutting device to go through the metal wall of the building after the sheriff's department had checked on the alarm and left.

The burglars used motorized equipment at the recycling center to load the heavy pallets onto a white Ford flatbed truck. Surveillance video got a good picture of the truck used in the crime and police are currently looking for the vehicle, which is believed to have some type of black lettering on the driver's side door.

In an unrelated burglary two weeks ago, thieves stole a small horse trailer from a picnic area in Mattoon. A few nights later, they came back and stole a utility trailer, then got a metal picnic table on another trip days later. The items belonged to Mickey Brown of Mattoon.

Anyone with information regarding these matters should call Crittenden County Sheriff's Department at (270) 965-3400.

### 14 marijuana plants eradicated in county

Crittenden County Sheriff's Department and Pennyville Narcotics Task Force agents found and eradicated 14 marijuana plants in the southwest part of Crittenden County last week.

The pot was located Sept. 2 during a flyover operation headed by the task force.

Deputy Chuck Hoover assisted on the ground with eradication. That much marijuana has a street value of about \$14,000.

The property owner is not suspected of being involved in the growing operation. The investigation is continuing, officers said.

### New limits posted at Smithland Bridge

New signs are going up to inform truckers of new maximum load limits on the U.S. 60 bridge over the Cumberland River at Smithland.

Kentucky Transportation Cabinet spokesman Keith Todd said the enhanced enforcement is in response to a number of recent complaints about overweight trucks crossing the bridge and vehicles exceeding the 35 mph bridge speed limit.

By law, load limit information is posted at the end of all Kentucky bridges. It is the responsibility of the commercial driver's license holder to obey bridge weight restrictions.

The new limits replace old measures that had been in place since April 1988.

The 1,817-foot through-truss structure was opened to traffic in 1931.

### CVS drops tobacco, revamps its name

As CVS sharpens its focus on customer health, the nation's second-largest drugstore chain has tweaked its corporate name and stopped the sale of tobacco nearly a month sooner than planned.

CVS Caremark said last Wednesday it will now be known as CVS Health, effective immediately. The signs on its roughly 7,700 drugstores won't change, so the tweak may not register with shoppers.

However, those customers will see a big change when they check out. The cigars and cigarettes that used to fill the shelves behind store cash registers have been replaced with nicotine gum and signs urging visitors to kick the tobacco habit.

CVS announced in February that it would phase out tobacco sales by Oct. 1 because it could no longer sell smokes



PHOTO BY LRC PUBLIC INFORMATION

### Interim work continues

Sen. Dorsey Ridley (D-Henderson) follows proceedings last week of the September meeting of the Interim Joint Committee on Transportation. Ridley represents Crittenden, Livingston, Caldwell, Webster, Union and Henderson counties. The General Assembly will convene for a 30-day session beginning Jan. 6, 2015.

land River at Smithland. Kentucky Transportation Cabinet spokesman Keith Todd said the enhanced enforcement is in response to a number of recent complaints about overweight trucks crossing the bridge and vehicles exceeding the 35 mph bridge speed limit.

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The 1,817-foot through-truss structure was opened to traffic in 1931.

—From staff and AP reports

### Detonations to level old Ledbetter Bridge

Due to a slow start on the cutting process and the potential for weather issues this week, the use of explosives for the controlled demolition of a truss on the old Ledbetter Bridge at Paducah has been rescheduled for 8 a.m. Tuesday. The demolition was originally slated for today (Thursday).

A contractor for the Kentucky Transportation Cabinet (KyTC) has been saw-cutting to prepare the first section of the U.S. 60 bridge over the Tennessee River.

The contractor is cutting the left descending truss on the McCracken side of the river in key locations. The saw work will weaken the truss so it can be taken down by the controlled explosion. The cuts will allow the truss to break into about ten 40-foot sections when explosions knock the truss from the piers.

The detonation on Tuesday will be the first controlled explosion, said KyTC spokesman Keith Todd. Two more controlled explosions, about one a week, will be required to bring down the other two main truss spans.

"They will be followed by some additional detonations to bring down the concrete piers," Todd added.

He noted that the agency,

in a setting where health care is delivered. CVS CEO Larry Merlo said the company moved up its quit date nearly a month because they got ready for the move sooner than they anticipated, not because its distribution centers had already run out of tobacco.

—The Associated Press

### Contractor says data system hacked

Home Depot is confirming that its payment data systems have been breached, and says the hack could affect customers who used cards at U.S. and Canadian stores, including local stores across western Kentucky.

The largest U.S. home im-

provement chain says there is no evidence debit card PINs were compromised and no evidence online customers shopped are affected.

"We plan to restrict west-bound traffic to one lane on the new U.S. 60 Tennessee River bridge. The public will be allowed to park along the west-bound approach to the new bridge. Anyone who wants to observe the explosion can then walk up onto the new bridge which overlooks the demolition project," Todd said. "West-bound U.S. 60 traffic will be moved to the left-hand, or passing lane, and will remain open. There will be no stopping or parking on the new bridge to assure there is room for the public and traffic flow is maintained."

The public may also observe the detonation from Delta Road on the Livingston County side of the river.

There will be a strictly enforce 1,500-foot clear zone around the blast site. Homeowners within that clear zone may stay in their homes or join the public to observe the demolition work from the new bridge.

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The Atlanta company says its investigation is focused on the months since April.

Home Depot Inc. said last week that it was working with banks and law enforcement to investigate a potential hack.

—The Associated Press

### Family Dollar rejects Dollar General's bid

Family Dollar is rejecting Dollar General's latest acquisition offer, and Dollar Tree says it will now divest as many stores as needed to get antitrust clearance for its deal to buy Family Dollar.

Family Dollar rejected an earlier offer of nearly \$9 billion from Dollar General, with the Goodlettsville, Tenn., discounter then boosting its bid to \$9.1 billion. Dollar General – the nation's biggest dollar-store chain – had also revised its proposal to increase the number of stores it would be willing to divest and to include a \$500 million reverse break-up fee to Family Dollar if the deal hit antitrust roadblocks.

But Family Dollar said Friday it still has antitrust concerns. Dollar General said in a statement that it is still committed to acquiring Family Dollar and is evaluating its next steps.

Family Dollar has been looking for a lifeline after running into some financial

stress, shuttering stores and cutting prices.

In July, Family Dollar Stores Inc. accepted an \$8.5 billion deal with Chesapeake, Va.-based Dollar Tree Inc. Including debt and other costs, Family Dollar and Dollar Tree estimated the deal to be worth approximately \$9.2 billion.

The two companies said Friday that they anticipate the transaction closing as early as the end of November.

There are both Dollar General and Family Dollar stores in Marion. The nearest Dollar Tree stores are in Princeton and Morganfield.

—The Associated Press

### Smiley completes USMC basic training

Pvt. Evan Smiley, 25, the son of Mr. and Mrs. Michael Smiley and brother to Miranda Smiley, all of Marion, recently completed 13 weeks of military training at Parris Island, S.C.

During training, he received instruction in drill and ceremonies, weapons, map reading, Marine courtesy and justice, first-aid and Marine history and traditions.

Pvt. Smiley will be receiving marine combat training at Camp Geiger, N.C.

Graduation was at Parris Island on Aug. 29.



Smiley

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Bro. Wayne Winters, Pastor

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Sunday and Wednesday evening services, 6:30 p.m.

### Marion Baptist Church

College and Depot streets, Marion • 965-5232

Pastor Mike Jones

• Sunday school: 9:30 a.m.

• AWANA: 5-45 p.m.

• Sunday contemporary service: 10:45 a.m., 6:30 p.m.

• Wednesday: 6:30 p.m.

• RAA, GAA and Youth Craze: 5:45 p.m.

### SEVEN SPRINGS MISSIONARY BAPTIST CHURCH

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Sunday Worship: 11 a.m., 6 p.m. • Wednesday: 7 p.m.

Dr. Bobby Garland, pastor

—Fundamental, Pre-Millennial, Independent —

### Frances Presbyterian Church

Bro. Bitch Gray • Bro. A.C. Hodge

Wednesday night prayer meeting and youth service: 7 p.m.

Sunday school: 10 a.m. • Worship service: 11 a.m.

Every fourth Sunday evening service: 5:30 p.m.

### Sugar Grove Cumberland Presbyterian Church

585 Sugar Grove Church Road • Marion, Ky. • 965-4435

Rev. Terra Sisco • Sunday School 10 a.m. •

Worship 11 a.m., 6 p.m.

Wednesday Bible Study 7 p.m.

### Marion Church of God

334 Fords Ferry Road • Marion, Kentucky

Sunday School 10 a.m. • Morning Service 11 a.m.

Sunday Evening 6 p.m. • Wednesday Evening 6 p.m.

"Where salvation makes you a member."

### Crayne Community Church

Crayne Cemetery Road

Marion, Kentucky

Wednesday night Bible study, 6 p.m.

Sunday school, 10 a.m. | Sunday worship, 11 a.m.

### St. William Catholic Church

Sunday Mass 11 a.m.

Father Ryan Harpole

860 S. Main St.

Marion, Ky.

965-2477

Wednesday Night Worship Service

**OBITUARIES****Maddox**

Martha Sue Crafton Maddox, 73, of Hopkinsville, formerly of Beech Grove, Ind., and Todd County, Ky., died Sept. 3, 2014, at Alive Hospice at Skyline Madison Campus in Madison, Tenn.

She was born in Clifty, Ky., on Dec. 29, 1940. She was retired from St. Francis Hospital in Beech Grove and was a member of Mt. Calvary Evangelistic Center in Indianapolis.

Maddox is survived by a son, Christopher Maddox of Washington; a daughter, Michelle Fouts of Salem; four sisters, Eva Stagner of Hopkinsville, Edna Hall of Hopkinsville, Sandra Kennedy of Russellville and Lori Carson of Sumer Shade, Ky.; and two grandchildren.

She was preceded in death by a grandson, David Nathaniel Fouts; and her parents, Leo Crafton and Ruthell Frances Crafton.

Funeral services were Monday at Lola Pentecostal Church in Salem with Rev. Perry Fouts and Patty Cooper officiating. Burial was in Glenwood Cemetery in Elkton. Latham Funeral Home of Elkton was in charge of arrangements.

**— PAID OBITUARY —****Hall**

Robert Eugene Hall, 61, of Joy died Sept. 3, 2014, at his home.

He was a member of Cave Springs Missionary Baptist Church.

Hall is survived by his wife of 41 years, Yvonne Hall; three sons, Bryan and wife Keely Hall of Lola, Chad Hall of Joy and Alan Hall and fiancée Alison of Joy; a brother, Billy Ray Hall of Salem; a sister, Marie Patterson of Paducah; a granddaughter, Charlee Kay; several nieces and nephews.

He was preceded in death by his parents, Lloyd and Mary Adams Hall; and two brothers, Larry Hall and Jessie "Popeye" Hall.

Funeral services were Saturday in the chapel of Boyd Funeral Directors in Salem with the Revs. Jim Wring and Danny Starrick officiating. Burial was in Carrsville Cemetery.

Condolences may be left online at BoydFuneralDirectors.com.

**— PAID OBITUARY —****Brown**

James Vance Brown, 84, of Valparaiso, Ind., formerly of Marion, died Sept. 7, 2014, at Valparaiso Care and Rehabilitation Center.

He was retired from National Steel in Portage, Ind. He served on Marion City Council for 8 years and had also served as a Marion City police officer. He attended Emmaus Church in Crittenden County and was a U.S. Army veteran of the Korean War.

Brown is survived by two sons, Ron Brown of Marion and James Brown of Portage; a daughter, Deborah Koleck of Portage; a sister, Anna Hall of Kuttawa; two granddaughters, Wendi Brown and Kelli Kalin; three great-grandsons, Tyler Brown, Kane Graeber and Joey Kalin.

He was preceded in death by his parents, Henry Ray and Susan Pearl Polk Brown; his wife, Mary Kathryn Moore Brown; a brother; and a sister.

A memorial service will be held at a date yet to be determined.

Myers Funeral Home, Marion is handling arrangements.

**Our obituary policy**

Most obituaries in The Crittenden Press are published at no charge. However, extended obituaries are available for a small fee. Please ask your funeral director about fee-based obituaries. There is no charge for use of a photo.

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**MPD looking into car theft****STAFF REPORT**

Marion police are investigating an alleged auto theft that was reported by a North Weldon Street couple on Aug. 31.

Fewer than 24 hours later, the 2013 Chevrolet Sonic was found in Livingston County on a desolate road along the Cumberland River. The vehicle had been burned beyond recognition.

George Foster, the Marion policeman investigating the theft, said the vehicle was located by a passerby on Head Road near Pinckneyville. It had been reported stolen by Otis and Barbara Long.

The vehicle was valued at \$22,000.

Anyone with information about this alleged crime is urged to contact the Marion Police Department at (270) 965-3500.

**— PAID OBITUARY —****Wheeler**

Lanna Kay Wheeler, 61, of Henderson died Sept. 4, 2014, at Methodist Hospital in Henderson.

She was born on Jan. 10, 1953. She was a member of Maranatha Baptist Church.

Wheeler is survived by her husband of 41 years, Stan Wheeler of Henderson; two sons, William H. Wheeler of Princeton and Charles Ben Wheeler of Marion; a sister, Jean Smith of Clay; four brothers, Robert Hardin of Salem, Johnny Hardin of Salem, Thomas Hardin of Marion and David Hardin of Marion; a grandson, Matthew Wheeler; three step-grandchildren, Robyn Duff, Garret Duff and Samantha Duff; and four great-great-grandchildren.

Boyd Funeral Directors in Salem was in charge of arrangements.

Memorial contributions may be made to: American Bible Society, 1865 Broadway, New York, NY 10023-7505; or Gideon Bibles, P.O. Box 304, Salem, KY 42078.

Condolences may be left online at BoydFuneralDirectors.com.

**— PAID OBITUARY —****Foreman**

Mike Foreman, 66, of Crittenden County died Sept. 1, 2014, at Ferrell Hospital in El Dorado, Ill.

He enjoyed coon hunting, barbecuing and spending time with his grandchildren.

Foreman is survived by his parents, Bill and Betty Foreman of Sturgis; two daughters, Shanna Holloran of Sturgis and Missy Whitsell of Morganfield; and five grandchildren, Coul Holloran, Mason Holloran, Grace Holloran, Taylor Whitsell and Luke Whitsell.

Funeral services were last Thursday at Whitsell Funeral Home in Sturgis with Rev. Heath Martin officiating. Burial was in Pythian Ridge Cemetery in Union County.

Memorial contributions can be made to: National Kidney Foundation, 30 E. 33rd St., New York, NY 10016.

Online condolences may be made at WhitsellFuneralHome.com.

**NEWS BRIEFS****Enrollment numbers at Murray State up**

Murray State University's enrollment is at an all-time high, according to The Murray State News.

The student newspaper reports that enrollment may increase to 11,000 by the close of October, when the university is required to submit final numbers to the state. Preliminary numbers show the western Kentucky college is likely to surpass the 11,000 student mark for the first time ever.

The newspaper reports it's unclear how many students the university can hold, but officials with the school believe it will be several years before capacity is reached. Fred Dietz, associate vice president of enrollment and management,

suggests 12,000 students might be the maximum the university can handle.

Meantime, to handle growing enrollment, construction of a new residential hall is set to begin in March of next year.

**Best Colleges ranks Murray State high**

U.S. News & World Report on Tuesday released its 30th edition of Best Colleges, which includes data on nearly 1,800 colleges and universities. Princeton University was tops in the nation. The University of Kentucky was ranked 129th, 32 spots ahead of the University of Louisville.

Meantime, Murray State University ranked 26th among colleges in the South Region. Western Kentucky came in at

No. 31 in the same category. Asbury College in Wilmore, Ky., came in at No. 1 in the South Region.

Eligible schools are ranked on up to 16 measures of academic excellence, including graduation rates, selectivity and freshmen retention, to help families compare schools, narrow their searches and make informed decisions.

**Mattoon to host GOP candidates**

Mattoon Volunteer Fire Department will host a Republican town hall meeting from 6:30 to 7:30 p.m. Tuesday, introducing local GOP candidates to the public.

This is the first in a series of such meetings over the next five weeks.

**Comer navigates Farmer backlash****THE ASSOCIATED PRESS**

Kentucky Agriculture Commissioner James Comer formally announced his candidacy for governor Tuesday amid vocal Republican backlash over his handling of the investigation and indictment of his GOP predecessor, Richie Farmer.

Farmer is serving a 27-month federal prison sentence after pleading guilty to corruption charges last year. Comer called for the audit that contributed to Farmer's downfall. Farmer remains popular in his birthplace of eastern Kentucky after his starring role on the 1992 University of Kentucky basketball team. GOP officials in Clay and Laurel counties say it will be difficult for Comer to get a foothold in eastern Kentucky because of his outspokenness on Farmer.

Comer said he will always do what he thinks is right and said history will show he did the right thing.

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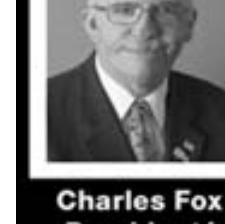
I think of you in silence. I often speak your name. All I have are memories and your picture in a frame.

Your memory is my keepsake with which I'll never part. God has you in His keeping, I have you in my heart.

Your Loving Wife, Judy McMain

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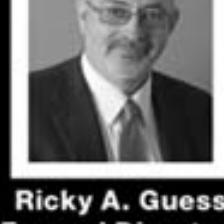
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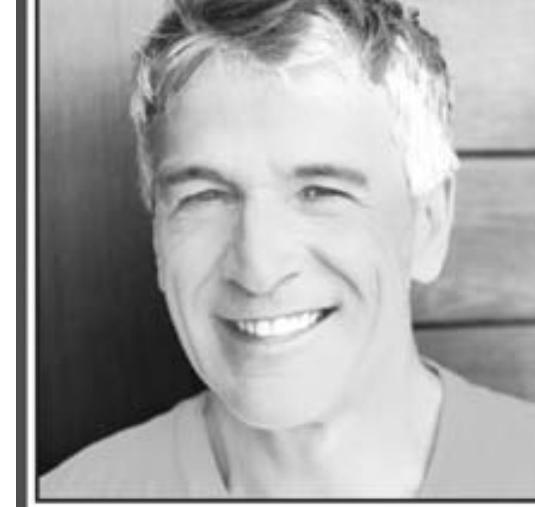
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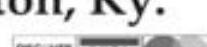
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# Lifestyles

## The Crittenden Press

### The Press Online

[www.the-press.com](http://www.the-press.com)



# Teens need help in navigating peer pressure

The teenage years can be rough on teens and on parents, as young people strive for independence and parents learn how and when to let go. One of the most common stresses put on teens is peer pressure. While they want to be independent, they do seek acceptance from their peers.

As children grow into adolescence, they begin to devote more time to their friends and peers than their family members. Having friends is good. Friendships help teens navigate these years and can teach them how to form strong, fruitful



Homenotes

relationships and ways to work with all kinds of different people, which will be helpful no matter what career they choose. Encourage your teen to form many friendships with a variety of individuals who share similar interests. For example, maybe your teen plays high school sports but is also in-

volved in the school's business club. She can have friends from each group. Having friends in many different groups can also help your child navigate peer pressure, as she will always have a group of friends to go to in case she has a falling out with another group.

Positive peer relationships are very healthy for teens, but sometimes peer relationships can have a negative influence. Friends could have undesirable attributes such as a bad attitude, no ambition, be disrespectful or engage in

risky behaviors. They may encourage their friends to do similar things.

As a parent, you can help your child successfully navigate the teen years and resist peer pressure. While you may not think he listens to you any more, he does. Here are some tips:

■ Get to know your teen's friends, their dreams for the future, their goals and what they do with their spare time.

■ Acquaint yourself with their parents. It will make you more feel more comfortable when you call them to ask if a party at their house

is going to have parental supervision.

■ Focus on safety. Make sure your child understands you want him and his friends to always engage in safe activities and to look out for each other. If your child finds that his friends are engaging in unsafe activities, encourage him to let an adult know. Reinforce the idea that expressing concern for his friends' safety doesn't make him a tattletale.

■ Listen to your child without rushing to judgment or into a lecture. If you quickly rush to judge-

ment, your child may start hiding parts of her life from you, especially if she finds out you don't particularly like a friend or group of friends.

■ Let your child always know that he can call you if he does not feel safe or needs to get out of a bad situation.

(Nancy Hunt is the Family and Consumer Sciences Agent at the University of Kentucky Cooperative Extension Service for Crittenden County. For more information on programming, contact the Extension Service at (270) 965-5236.)



## Stone-Mathias

Mr. and Mrs. Danny R. Stone of Marion announce the engagement of their daughter, Kristen A. Stone, to Andrew J. Mathias, both of Paducah. Mathias is the son of Gerald and Marjorie Mathias of Middleville, Mich.

Stone is a graduate of Crittenden County High School. She graduated from the University of Kentucky with a bachelor of arts in sociology and is a graduate of the University of Kentucky College of Law. She is employed as an attorney advisor by the Social Security

Administration in Paducah. Mathias is a graduate of Thornapple-Kellogg High School in Middleville. He is a veteran of the United States Marine Corps and a graduate of Northwestern Michigan College. He currently attends Eastern Kentucky University, pursuing a bachelor of science degree in occupational safety and health. He is employed by Pepsi Mid-America as a human resource manager in Paducah.

A November wedding in Ocho Rios, Jamaica, is planned.

# Students consider career options during College and Career Week

STAFF REPORT

It's never too early to think about college or an exciting career.

That was the message Crittenden County Elementary School students learned during the school district's College and Career Week. With the emphasis on believing in achieving, CCES students dressed in clothes that represented what career they might consider after high school.

Last Thursday, students got the opportunity to speak with a number of officials in law enforcement and emergency responders and business leaders whose jobs require the use of a variety of different machinery.

Later in the week, students visited the Marion-Crittenden County Airport and learned about different careers in aviation.

CCES guidance counselor Laura Poindexter said it's important for students to be exploring different career options.

"A child's development in elementary school creates a strong foundation for future academic abilities, leading to college and career readiness, engaged citizenship and lifelong learning. Learning in elementary school helps young children become inquisitive about their world and develop confidence in their ability to construct meaning and understand what they are learning and



PHOTOS BY JASON TRAVIS, THE PRESS

Above, Crittenden County EMT Kristy Neilsen speaks with third-graders Katie Perryman and Brenna Belt about careers in the medical profession. At right, Brian Penn of James Penn Construction speaks with third-grader Damyon Toy about the purpose of a telehandler.

how it fits in with the rest of their world," Poindexter said. "For our children, the college and career activities this week allowed them the opportunity to pretend, to imagine what they might become and to express big ideas."



## Community CALENDAR

### Thursday, Sept. 11

■ The deadline to register a spot in the homecoming parade is today (Thursday). Contact Kim Vince at the high school at (270) 965-2248 or email [kim.vince@crittenden.kyschools.us](mailto:kim.vince@crittenden.kyschools.us).

■ Smithland Area Chamber of Commerce will meet at 8 a.m. today (Thursday) at the Levee Restaurant on U.S. 60 in Smithland. The Chamber will be planning for Octoberfest, which will be held Oct. 4 in Smithland. The Chamber invites anyone who is interested in the future of Smithland and Livingston County to be a part of helping to promote social, intellectual and commercial development of the county.

■ The Crittenden County Retired Teachers Association will meet 4 p.m., at the Marion United Methodist Church social hall.

### Saturday, Sept. 13

■ American Legion Post 217 in Burna will host a breakfast prepared and served by local veterans from 7 a.m. to 11 a.m. All you can eat for \$6.

■ The Crittenden County Genealogy Society will meet at 10 a.m., in the meeting room at the public library. The program will be a group sharing of record management – How you organize your genealogy information.

■ The Providence Literary Festival will be held from 10 a.m. to 4 p.m., at the Providence VFW. Jay Bonansinga, author of the Walking Dead novels, will speak.

### Monday, Sept. 15

■ Livingston County Middle

School Learning Environment Committee will meet the third Monday of each month from 3 p.m. to 4 p.m.

### Wednesday, Sept. 17

■ The National Active and Retired Federal Employees Association (NARFE) Chapter 1373, will meet at 11:15 a.m., at the Crittenden County Public Library. The discussion will include the national convention and new meeting days. All current and retired federal employees are invited to attend the monthly meeting.

### Thursday, Sept. 18

■ The football homecoming parade will be at 5 p.m. Al and Angela Starnes will be this year's grand marshals.

### Friday, Sept. 19

■ A Diabetes Support Group will meet at 10 a.m., at the Crittenden County Extension Service. Call (270) 965-5236 for further information.

### Saturday, Sept. 20

■ A golf scramble will be held at 10 a.m., at the Marion Country Club for members of the early 1970s CCHS reunion. Cost is \$25 per person. Call Billy Fox at (270) 704-1385 to register or mail payment to Ronnie Beavers, 627 Mexico Rd., Marion, Ky. 42064.

■ Salem's Fall Jamboree and Barbecue cook-off will be held from 5 p.m. to 9 p.m. In addition to barbecue, vendors and a variety of food, Southern Gospel, praise and worship music performances will be held on Main Street.

### Monday, Sept. 22

■ A Fibromyalgia and Psoriasis support group will meet at 10 a.m., at the Crittenden County Extension Service. Call (270) 965-5236 for further information.

### Saturday, Sept. 27

■ Crittenden County Chamber of Commerce's Pumpkin Festival Car Show will be held from 10 a.m. until 2 p.m. This year the show will also feature antique tractors. To register for booth space, contact the Chamber at (270) 965-5015.

### Sunday, Oct. 5

■ A Furry 5K Dash for the Dogs will be held at 3 p.m. at Marion City Park. A pet adoption event will also occur. To pre-register, return entry form and \$20 fee before Sept. 22.

All proceeds benefit the Mary Hall Ruddiman Shelter.

### Thursday, Oct. 9

■ A community yard sale to benefit the Neville Palmer care fund will be held from 8 a.m. to 2 p.m., at Marion United Methodist Church's basement. Sale items will be donated by Crittenden County School employees.

### Saturday, Dec. 6

■ Marion National Guard Reunion will be held at the Lions Club building. For more information contact Brent Nelson at (270) 704-1392 or Roger Lubben at (270) 625-0971.

### On-going events

■ All veterans are invited for coffee and breakfast at 7:30 a.m. each Tuesday at the VFW building in Marion.



SUBMITTED PHOTO

## Education soars at CCES

Crittenden County Elementary School educators Crystal Moore, Laura Poindexter, Sara Omer and Cindy Crabtree joined local pilot Jamie Hunt for a bird's-eye view of Marion. The flight occurred last Friday during the school's tour of the Marion-Crittenden County Airport. The event was part of the school district's focus on college and career readiness. Middle and high school students also participated in activities that encouraged students to think about college and career readiness.

## Church notes

■ The Glendale School reunion will be held beginning at 11 a.m., Sept. 20, at Glendale General Baptist Church. A potluck meal will be served.

■ The Joylanders of Tren-

ton, Tenn., will be at Pleasant Grove General Baptist Church at 6 p.m., Sept. 21. Enjoy a night of traditional Southern Gospel and Bluegrass music. The church is located on Ky. 723, 4 miles north of Salem.

■ Crooked Creek Baptist Church will welcome Bible teacher Mark Davis at 6 p.m., Sept. 21. Davis has been serving in Israel for 25 years. He will preach at the 11 a.m. service.

■ Mexico Baptist Church's clothes closet is open 9-11 a.m., each Monday.

(Editor's note: Keep the community aware of your church's activities and celebrations. Email Church Notes to [pressnews@the-press.com](mailto:pressnews@the-press.com). Type Church Notes in the subject line. Items need to be received by 5 p.m., on Monday for the current week's publication.)

# Backpack program helps feed students during weekends

By JASON TRAVIS  
STAFF WRITER

Hunger doesn't take the weekend off. That's why Crittenden County School District initiated the Starpack Backpack program.

Now in its fifth year, the program is designed for any elementary school student whose family may face a situation where enough food for the weekend is not available.

Holly White, public information officer and community educator for Crittenden County Schools, said the program resumed Aug. 29 and about 30 families have been eligible to participate this school year. Enrollment forms were sent home with students for the program.

Each Friday, participating students are supplied

with backpacks that are filled with non-perishable food items that children can open and prepare on their own. White said they try to offer food items that are easy for children to make themselves, especially if their parents are working on weekends. The school system's family resource center purchases the backpacks and local churches help with donations to sustain the program.

White said parents have expressed how thankful they are to have the extra food.

"This program allows children to still be able to eat and have nutritious snacks and food over the weekend so that they are not hungry," she said. "It's something we don't think about in this day and time,

of kids being hungry. But it still happens."

According to recent data from FeedingAmerica.org, 1 in 5 children in Kentucky face food insecurity. Lack of food in the home takes on a greater meaning on weekends, when children can't rely on free or reduced meals at schools.

To inquire about eligibility or how to donate, contact White at the school district's central office at (270) 965-3525 or Laura Poindexter, guidance counselor at Crittenden County Elementary School, at (270) 965-2243.

In addition to local churches and clubs that have helped partner with the program, White said individuals, businesses and organizations are welcome to donate to the Starpack Backpack program.



Each Friday morning, Jared Brown fills backpacks with non-perishable food items for eligible students participating in the Starpack Backpack program at the elementary school.

## Children sickened in 10 states by enterovirus 68

THE ASSOCIATED PRESS

Hundreds of children in more than 10 states, including Kentucky, have been sickened by a severe respiratory illness that public health officials say may be caused by an uncommon virus similar to the germ that causes the common cold.

According to The Courier-Journal, Kraig Humbaugh, deputy commissioner of the Kentucky Department of Public Health, said the Cen-

ters for Disease Control and Prevention (CDC) recently confirmed that five of 10 cases it tested from Kentucky were enterovirus D68. The germ is an uncommon strain of a very common family of viruses that typically hit from summertime through autumn.

The virus can cause mild coldlike symptoms including runny noses, coughing and wheezing but Mark Pallansch, director of the viral diseases division at the

CDC's Dr. Anne Schuchat said at a Monday news briefing that there are other viruses making kids sick.

"Most of the runny noses out there are not going to be turning into this," she said. Children with asthma and other health problems are especially at risk for the enterovirus, but reported cases include children without asthma who have developed asthmatic breathing problems, Pallansch said. He said no deaths have been reported in the outbreak.

The virus can spread through sneezing and experts say good hand-washing practices are important to curb transmission.

13,000 people remain on waiting lists at the Department for Aging for meals, transportation, home-based services and caregiver services, with some applicants as long as five years.

And census figures indicate that, from 2015 to 2030, the number of Kentuckians aged between 70 and 74 will climb from around 166,460 people to 262,534 — a 58 percent increase.

All this comes at a time when the department has, since 2009, faced a 26 percent reduction in its \$72 million budget.

Anderson said officials decided to undertake the revamp after hearing concerns from advocates and recognizing that funds are likely to remain stagnant in the near term.

"Every program, just about, in this department has a waiting list," said Anderson. "There is not enough money to cover the need."

### Changing direction

The department has worked with advocates and care providers for the past year on ways to rebalance funding and focus more money, both Medicaid and state general funds, on home-based care instead of nursing homes.

Officials aim to have regulations rewritten and approved by next spring.

Part of the discussion has centered on integrating services like Meals on Wheels and nursing support, into Kentucky's Home and Community-Based Waiver program, which allows the state to use Medicaid funds for non-medical assistance.

Kentucky's Medicaid cost for a nursing home bed is around \$48,000 per year, while the cost of maintaining someone at home with waiver services is only \$15,000 annually.

The waiver has enough capacity to serve 17,050 people but has remained under utilized because the eligible services have not historically matched people's needs, Anderson said.

Only about 11,000 people are in the waiver now, but filling up the empty slots is one goal of the department's overhaul.

Additionally, officials want to streamline similar programs that non-Medicaid clients receive through the department, often free of charge or at a discounted rate depending on their income.

That could help people avoid the cost of a nursing facility and free up money to reinvest back into home-based programs, Anderson said.

"We know that there will be savings, but is it enough to cover all the people on waiting lists — no," she said.

### States have seen savings

Virtually every state has made at least some effort to rebalance Medicaid dollars, according to H. Stephen Kaye,

a professor at the Institute for Health and Aging at the University of California, San Francisco.

Kaye authored an analysis in 2012, which found that states can reduce costs by about 15 percent over a decade if they gradually shift money — around 2 percentage points a year — from institutional care toward home and community-based waiver programs.

But savings are not automatic, and states must avoid pitfalls, such as increasing reimbursement rates for nursing homes just to compensate them for lost revenues, he warned.

"It is at least no more expensive," Kaye said. "States rarely end up spending more money because they have shifted to a home and community-based services system, and often, they end up spending less money."

Kimbrough, from the AARP, also argues that a successful transition will require the state to consider ideas like tax credits for caregivers and reforms that will allow family members to take over more medical practices, such as administering shots to loved ones.

The AARP estimates that Kentucky could accommodate 31,000 additional low-

and moderate-income adults on Medicaid if officials improved performance to that of the best states.

Likewise, around 2,100 people who have remained in a nursing home for at least 90 days could return to the community, the group said.

### Spending down retirement

According to the Kentucky Department of Insurance, the average cost for a semi-private room at a nursing home in 2012 was \$70,445 annually, while assisted living facilities charge around \$33,912 each year.

Meanwhile, the average cost for homemaker services in 2012 was about \$18 per hour.

The department does not keep figures on how many Kentucky residents have long-term care insurance, but officials warn that Medicare will not cover the services.

Anderson said it's common for people to end up relying on Medicaid and income-based services at the department as they spend down their wealth in their final years.

"Even ... upper middle class people, if something catastrophic health wise happens to them, health care is so expensive it just doesn't take long," she said.

## CCHS band prepares for marching season

STAFF REPORT

Crittenden County High School marching band has already had a busy year preparing for the upcoming season.

Band camp was held at the high school from July 21 to Aug. 1, with band members starting the first week with the fundamentals of marching. The second week was used for teaching the drill for this year's show.

Members had a big adjustment to make with the resignation of Jon Nash. Jacob Carroll was subsequently hired as the new director and introduced to the band on Aug. 5.

The band will have a busy marching season be-

ginning this week. The schedule will be:

- Saturday: Graves County, 6:30 p.m.
- Sept. 20: Marshall County, 5:30 p.m.
- Sept. 27: Caldwell County, noon.
- Oct 4: McLean County, TBA.
- Oct. 18: Hopkinsville, TBA.
- Oct. 25: Regionals at Hopkinsville, TBA.
- Nov 1: Semifinals at Bryan Station High School in Lexington, TBA.

The Crittenden County School band will also play at all home football games and perform during half-time.

**THE 50<sup>TH</sup> WEDDING ANNIVERSARY  
CELEBRATION HONORING**

**RICHARD AND JAN GREGORY**  
**ORIGINALLY SCHEDULED FOR**  
**AUG. 30, HAS BEEN RESCHEDULED**  
**FOR SATURDAY, SEPT. 13**

**THE CELEBRATION WILL BE HELD**  
**FROM 5-7 P.M., AT THE HOME OF**  
**DR. AND MRS. STEVE BURKHART,**  
**97 S.R. 1668, MARION.**

**THE EVENT WAS RESCHEDULED DUE**  
**TO A DEATH IN THE FAMILY.**

**If You Recognize  
This Handsome Soldier  
of Lola, Call and  
Wish Him A Happy  
90th Birthday  
On Sept. 15, 2014.**

*From,  
Your Loving  
Family*

**The Community Arts Foundation  
PRESENTS:  
Mapleview Moments  
AN HISTORIC CEMETERY TOUR  
COME MEET SOME OF THE PEOPLE  
WHO HELPED CREATE OUR HISTORY.  
SEPTEMBER 27, 2014  
MAPLEVIEW CEMETERY  
NOON - 2:00 P.M.  
PARKING PROVIDED AT CEMETERY.**

**2014 HWY. 60 YARD SALE**  
**CONTACT THE MARION TOURISM  
COMMISSION AFTER SCHEDULING**  
**YOUR SALE DURING THE ANNUAL  
HIGHWAY 60 YARD SALE!**

**HIGHWAY  
60**

**Friday, Oct. 3  
Saturday, Oct. 4  
Sunday, Oct. 5**

*The Marion Tourism Commission will help you promote your sale by advertising a list of participating addresses.*

**Eight western Kentucky counties will team up to present the ninth annual Highway 60 Yard Sale. The sale will stretch for 200 miles along U.S. Highway 60 through Livingston, Crittenden, Union, Henderson, Daviess, Hancock, Breckinridge, and Meade counties.**

**Kentucky  
UNBRIDLED SPIRIT**

**A Year of Blessings, Laughter  
and Fun, Now Our Sweet  
Little Boy is Turning One!**

**Happy 1st Birthday  
Ryan Ross  
on September 10th!**

*Love,  
Mom, Dad, Luke,  
Gran Gran, Grandpa Johnny,  
Aunt Casey & Uncle Jared*

# Local residents' impact fondly remembered

It's interesting to read the old obituaries of years ago. Many were lengthy and told a lot of history about the person and even stated information about their families. This is especially appreciated by the family historian of later years. They also told of how their lives might have affected the community and the worthwhile things they did.

Others might tell of a tragic accident that took a life. But without this information being written, one might never know anything about their lives and how they died or how much the community would miss them.

From the archives of The Crittenden Press are two very different accounts of such articles, both very interesting.

## The Crittenden Press March 31, 1950

Miss Nelle Walker, Crittenden County's "first lady," is gone. For the last several years, she had been in failing health, but on the Sunday before her passing early Tuesday morning, she had attended her Sunday school class which she taught for some 30 or 40 years in the Marion Methodist Sunday School and remained for the 11 o'clock church service that day.

Monday, she had a heart attack, and early Tuesday morning, she suffered another attack that claimed her life.

The daughter of Robert Newton and Sarah Jane Walker, she was born in Crittenden County on July 17, 1865, and had she lived until next July, she would have been 85 years old.

She was educated in such public schools as were in this section at the time and in private schools and acquired a liberal education.

Her first public service was as a teacher, and she was such a successful one that even after more than 50 years, many of those whom she taught will tell you that she was the most outstanding teacher they ever knew.

Following her several years of successful teaching experience, she formed a partnership with her brother-in-law, the late Jesse Olive, and for a number of years they were in the hardware business in Marion.

Later, after many years as a stenographer, she went into the insurance business for herself, which she continued until failing



**Forgotten Passages**

health forced her to relinquish those duties a few years ago.

Some three or four years ago, she disposed of her home in Marion and went to live with her niece, Mrs. Weams Croft and her husband in their Marion home. While there, she was given care and every kind consideration. Had she had children of her own, they could not have been gentler nor kinder during her declining years than these two persons in whom she placed such confidence, and upon whom she leaned more and more as the days lengthened into the Valley of the Shadow.

The one who writes these lines knows that through the years to come these two loved ones will have every reason to be thankful for the tender way in which they looked after and cared for her.

In October 1876, when she was only 11 years old, Miss Nelle, as she came to be lovingly known by thousands of people, united with the Marion Methodist Church. From that time on, she remained loyal, faithful and devoted to the church and to every cause and purpose for which it stood.

At the time of her death, she was the oldest member of the church. For more than 40 years, she took an active part in the choir. But when the time came she thought she had served her time in that connection, she graciously stepped aside so younger voices might sing the songs and anthems which she loved so well and which she had sung so many times.

Miss Nelle found genuine pleasure in being of service to others. Among the numerous offices she held for the public good and as a service to the general public was that of secretary of the Marion Cemetery Association to which she gave her efficient and tireless efforts.

To this work, as to all things else in which she participated, she gave her best, and the beauty of the Mapleview Cemetery in Marion, where rests so many of our beloved dead, is due in large measure to

the thoughtful planning and the untiring efforts of this faithful public servant.

There are but few people in Crittenden County for whom she had either directly or indirectly done a special service. She possessed a rare sense of humor with unusual understanding of human nature. Her infectious laugh, warm, friendly smile and soft spoken words of encouragement many times brightened the day for one that was downhearted and depressed.

For 40 years, she taught a class in the Marion Methodist Sunday School. At that task, as at all others to which she set her hands, she did efficient work.

Her talents were many and varied. She possessed seemingly boundless energy. She was an excellent speaker and her understanding and comprehension of the Bible came as a result of long years of study of that finest of all books.

Funeral services were held at the Marion Methodist Church. Six of her nephews, Robert Ledbetter, Hickman Moore, Ed, Guy, Raymond and Jesse Olive were pallbearers.

\*\*\*

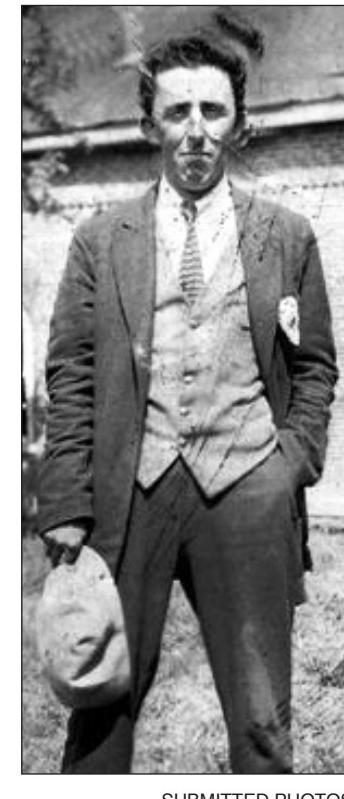
I'm sure many people will remember the person in this next obituary. He was well known all around Marion for his bicycle riding skills.

Although only a child of 9 years old, I remember so well sitting in our car on Main Street with my parents watching for Chester riding around the streets doing tricks on his bicycle. I thought riding with no hands on the handlebars was the most dangerous and exciting thing. And you can bet that later when riding my own bicycle at home, I would have to try that trick. And if I succeeded, the whole family would hear, "Look, I'm riding just like Chester."

Chester Ragsdale was definitely one of Marion's colorful characters of the past. Here is some history about those last days.

## Oct. 16, 1953

Chester Ragsdale, 61 years of age, was fatally injured when he was struck while riding his bicycle at about 9 o'clock Saturday night, Oct. 10. He was struck by an automobile driven by Coy Stallion of Marion R.F.D. No. 4, on Highway U.S. 60 South, about one-half mile west of the Marion city limits at the Marvin



SUBMITTED PHOTOS

Miss Nelle Walker, one of Marion's special ladies, is shown above at her 80th birthday party on July 17, 1945. The picture was made by J.N. Boston. At right, Chester Ragsdale, Marion's legendary bicycle rider, is standing outside the Piney Fork Church. Thanks to Don Cruce for sharing this wonderful vintage picture of Ragsdale.

Turner farm.

Chester, who was unconscious from being stuck by the car, was rushed by ambulance to Crittenden County Hospital. He died there about 4:40 p.m. Oct. 15, without ever having regained consciousness.

Upon examination after his arrival at the hospital, he was pronounced to be suffering from a broken leg, compound skull fracture, internal injuries and cuts and bruises, and his condition was known to be critical.

This tragic accident is reported to have happened in the following manner. Chester was riding his bicycle on the pavement of the highway and headed east toward Marion. Mr. Stallion was driving his automobile in the same direction, approaching Chester to the rear of his bicycle. A short distance before coming into sight of

him on the bicycle, Mr. Stallion was meeting a car headed in the opposite direction. The lights of the approaching automobile momentarily blinded Mr. Stallion, and when he first saw Chester on the bicycle, he was too near to avoid hitting him with his car. Mr. Stallion is reported to have done his utmost to prevent colliding with Chester and his bicycle, but could not avoid the accident.

Chester, who was a resident of the Pleasant Hill community located about 3 miles east of Marion, was well known to practically everyone in Marion. He was seen daily in town, and his skill as a bicycle rider here was almost legendary. The people of Marion will miss seeing him daily on the streets.

Chester was the son of David Wiley and Idia James Ragsdale. They are buried in the Pleasant Hill Cemetery.

\*\*\*

Time went on and for many years I forgot about Chester and I never did know what happened to him except I never saw him riding his bicycle on the streets town.

Many years later, when I began reading the old archived issues of The Crittenden Press on microfilm at the library, I ran across his obituary and the article about his death that someone at The Press had thoughtfully written. Once again, those old memories came flooding back of Chester riding his bicycle on the main streets of Marion.

(Brenda Underdown is Crittenden County's historian and serves on the board of the historical and genealogical societies in the county. She is also active in maintaining Crittenden County Historical Museum.)

# FRONTIER DAYS CAVE IN ROCK, ILLINOIS

## FRIDAY, SEPTEMBER 19, 2014

7:00 p.m.

Frontier Days Pageant - Hardin County High School Commons  
Elizabethtown, IL - Doors Open at 6 p.m.

## SATURDAY, SEPTEMBER 20, 2014

Main Street - Cave In Rock, IL

- 10 a.m. - 7:30 p.m. 5 FREE Inflatables
- 10 a.m. - 8 p.m. Vendors on Main Street: Food, Jewelry, Mary Kay, Scentsy, Hand Crafted Items, Face Painting & Many Other Items
- 10 a.m. - 7 p.m. Fire Dept. Tent Selling: T-Shirts, Lemon Shake Ups, SnoCones, Cotton Candy, Hot Dogs & Chips
- 10 a.m. - 8:30 p.m. 50/50 & Quilt Raffle Tickets Sold at Fire Dept. Tent  
Winners drawn on riverfront by the band
- 10 a.m. - ??? Kids Games - .50¢ per game Sold at Fire Dept. Tent:  
Bean Bag Toss, Frisbee Throw, Ping Pong Toss, Duck Pond & Ring Toss
- 10 a.m. - ??? Jail - Have Someone Arrested - Warrants Sold at the Fire Dept. Tent
- 10 a.m. - 3:30 p.m. Local Singing Talent on Stage Across from Post Office, Main St.  
Bring Your Chair & Enjoy
- 12 p.m. - Dark Dunking Booth
- 2 p.m. - ??? Washer Pitching Tournament on Riverfront  
Sign up at Fire Dept. Tent from 10 a.m. - 2 p.m.
- 3 p.m. - 4:50 p.m. Parade Sign Up/Line Up Begins - Fords Ferry Road
- 3 p.m. - 4 p.m. Ice Cream Social - John & Ramona Douglas Lawn, Main St.
- 3:30 p.m. - 4:30 p.m. Bag Pipers Performance - John & Ramona Douglas Lawn, Main St.
- 5 p.m.
- 6 p.m. - ??? Parade
- Horseshoe Pitching Contest on Riverfront  
Sign up at Fire Dept. Tent from 10 a.m. - 6 p.m.
- 6 p.m. - 10 p.m. Band on Riverfront, Bring Your Chair & Enjoy
- 7 p.m. - ??? Bon Fire on the Riverfront
- 8:30 p.m. - ??? Fireworks on the Riverfront During Band Breaks

For more information go to [illinoizozarks.com](http://illinoizozarks.com)

**Harvest & BBQ on Barkley 5K Run/Walk**  
**SEPTEMBER 20 • 8AM.**

5K Run/Walk will be held Rain or Shine

All money goes to River's Bend Retirement Community Special Events Fund

## (5K/3.1) Course: Starts and Ends at Old Kuttawa Pavilion, A Beautiful Route By The Lake.

**T-shirts:** Pre-register only-form must be received by September 12th

**Registration:** Will begin at 7:00 a.m., Sat., Sept. 20

**5K Cost:** \$25 Pre-register by September 12th to get a shirt  
\$30 day of Registration

For More Information or Questions Contact :  
Kim Shoulders  
at  
270-601-0462 or at  
[kashoulders@yahoo.com](mailto:kashoulders@yahoo.com)

## AWARDS FOLLOWING RACE

Medals for overall male & female and then for top 3 male & female in age categories:

10 and under 11-19 20-29 30-39 40-49 50-59 60+

Check and entry form can be mailed to:  
River's Bend c/o Kim Shoulders, 300 Beech St., Kuttawa, KY 42055

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ AGE: \_\_\_\_\_

T-Shirt Size:  SM  MED  LG  XLG  XXLG



**Release & Consent Form:** In consideration of the acceptance of my entry/my child's entry, I for myself or my child, our executors, administrators, and assignees, do hereby release and discharge the organizers of this race and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically fit and sufficiently trained to participate in this event. Further, I hereby grant full permission to any and all of the foregoing to use my/my child's name, photograph, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose without compensation.

Athlete Signature (parent /guardian) \_\_\_\_\_

if under 18, parent guardian sign \_\_\_\_\_

# Sports

## The Crittenden Press

### The Press Online

The-Press.com  
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#### PREP CALENDAR

##### Rocket sports events

###### THURSDAY

Soccer hosts Lyon County

Volleyball at Hopkinsville

###### FRIDAY

Football hosts Union County

###### MONDAY

Golf hosts Christian Fellowship

Soccer at Paducah Tilghman

###### TUESDAY

Soccer at Union County

Volleyball at Livingston Central

#### HOMECOMING EVENTS

*Theme: All American Homecoming*

###### MONDAY

Boys Volleyball, 6:30 p.m., at Rocket Arena, \$2 admission

###### TUESDAY

Banana Split Eating Contest, 6 p.m., at Dairy Queen

###### THURSDAY, SEPT. 18

Homecoming Parade on Main Street, lineup 4 p.m., parade 5 p.m.

Powderpuff, 6:30 p.m., at Rocket Stadium, \$2 admission

###### FRIDAY, SEPT. 19

Coronation ceremony, 6:30 p.m., at Rocket Stadium; Kickoff 7 p.m.; Post-Game Dance, \$3 admission.

#### SOFTBALL

There will be a co-ed softball tournament on Saturday, Sept. 27 at Marion-Crittenden County Park. There is a 6:4 men to women ratio required. Extra hitters are allowed so rosters can include 12 players. Cost is \$175 per team. Proceeds benefit a youth travel basketball team. For more information or to register, call Tony Bell at (270) 556-6005.

#### VOLLEYBALL

##### Lady Rocket struggles

Crittenden County High School's volleyball team continues to struggle. Through its first 11 matches, CCHS has managed no victories and only two set wins. The Lady Rockets lost in straight sets 25-6, 25-5 to University Heights last Thursday in the Second Region's All A Classic.

#### BASEBALL

##### Wooden bat old timers

There will be an Old Timers Wooden Bat Baseball Game at 2 p.m., Sunday at City-County Park. Proceeds benefit Marion Bobcats youth baseball team. Cost is \$20 per player. You do not have to be a Crittenden County alumnus to play. Wooden bats will be available. Batting practice begins at 1 p.m. Admission is \$1.

#### OUTDOORS

##### Hunting seasons

Bullfrog	May 16 - Oct. 31
Squirrel	Aug. 16 - Feb. 28
Dove	Sept. 1 - Oct. 26
Early Goose	Sept. 1-15
Crow	Sept. 1 - Nov. 7
Deer Archery	Sept. 6 - Jan. 19
Turkey Archery	Sept. 6 - Jan. 19
Wood duck, teal	Sept. 17-21
Deer Crossbow	Oct. 1-19
Turkey Crossbow	Oct. 1-19
Raccoon, Opossum	Oct. 1 - Feb. 28
Deer Youth Rifle	Oct. 11-12
Deer Muzzleloader	Oct. 18-19
Turkey Shotgun	Oct. 25-31
Deer Rifle	Nov. 8-23
Deer Crossbow	Nov. 8 - Dec. 31
Turkey Crossbow	Nov. 8 - Dec. 31
Squirrel	Nov. 10 - Feb. 28
Rabbit	Nov. 10 - Feb. 10
Quail	Nov. 10 - Feb. 10
Bobcat	Nov. 22 - Feb. 28
Dove	Nov. 27 - Dec. 7
Turkey Shotgun	Dec. 6-12
Deer Muzzleloader	Dec. 13-21
Dove	Dec. 20 - Jan. 11
Deer Free Youth	Dec. 27-28
Crow	Jan. 4 - Feb. 28
Groundhog	Year Round

#### CONFERENCE

##### Pennyroyal Athletic Conference

(Standings through Saturday)

###### FOOTBALL

Team	W	L
Union County	1	0
Crittenden County	1	0
Webster County	1	1
Hopkins Central	0	1

###### GIRLS SOCCER

Webster County	2	0
Union County	1	1
Hopkins Central	1	1
Crittenden County	0	2

###### VOLLEYBALL

Hopkins Central	3	0
Webster County	2	1
Union County	1	2
Crittenden County	0	3

# Rockets struggle in state tournament

Crittenden County's golf team struggled during last weekend's All A Classic State Golf Tournament at Eagles Nest Golf Course near Somerset. She fired a 105 on 18 holes.

The boys finished 14th out of 16 teams that had qualified for the tournament. Colby Watson's 86 led the Rockets and he finished 56th behind the top golfer, Newport Central Catholic's Drew McDonald,

who fired a 2-under-par 70.

Seventh-grader Lauren Gilchrist was 46th overall in the girls' Class A tournament at Woodson Bend Resort Golf Course at Somerset. She fired a 105 on 18 holes.

"Things didn't go as well as we had hoped," coach Vicki Hatfield said. However, the coach said simply qualifying for the state events was a grand accomplishment.

#### ALL A CLASSIC STATE TOURNAMENT

Colby Watson	Cameron McDaniel	Cole Foster	Lauren Gilchrist	Reid Baker	Will Tolley
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86	91	94	105	112	117
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## District command

### Lady Rockets get big jump in league play

BY KATIE DAVIES

SPORTS CORRESPONDENT

Off to their best start in years, the Lady Rockets have won three games, including an All A Classic victory, and are in the driver's seat of the Fifth District.

Crittenden won 2-1 over Dawson Springs in the Class A Tournament last Saturday. It was the first time Crittenden has participated in the All A Classic.

Kali Travis scored both goals and Mayce Shoulters was strong in the goal.

CCHS coach Ken Geary said that if not for a few missed shots on goal, his team would have won bigger.

"The whole team played good and each player did their part," he said.

RaKara McDowell was chosen player of the game.

**Narrow loss to Central**

Crittenden County lost 4-3 to Hopkins Central last Thursday.

"The girls had a strong lead the first half of the game," said coach Geary.

Travis scored two goals and Niki Shewcraft scored the other one. Margaret



Charity Sitar fights for control of the ball during a recent high school soccer match at Marion-Crittenden County Park.

Sitar was the player of the game, said coach Geary. She was hit in the head and had to leave the contest for a time. While she was out, the other team scored twice.

**District driver's seat**

The Lady Rockets won their second league game this year, beating Trigg County 3-1 last Tuesday, Sept. 2, and taking the outright lead in the Fifth District standings.

It was the club's fourth

time to notch two district victories in one season since the program's inception in 2001.

"RaKara McDowell, anchor of our team, led us to the win," said coach Geary.

Travis scored two goals and Emily Tinsley assisted Charity Sitar on the other goal. Coach Geary said Sitar was chosen player of the game.

Trigg County scored once in the second half

but, but keeper Marie Riley did a great job at defending the goal and preserving the lead, said the skipper.

The Lady Rockets have a good shot at perhaps winning the regular-season league title this year because Trigg has won just one match so far, and that was over Lyon County – a team CCHS beat several days ago. Crittenden, Lyon and Trigg are the only teams in the Fifth District.

# CCMS Rockets win first 3 this season

STAFF REPORT

Crittenden County Middle School's football team is off to its best start in years. The Rockets have won three straight and will host South Hopkins on Tuesday.

CCMS opened the season with early wins over Massac County, Ill., and Reidland, then beat Union County last Thursday to complete a perfect start.

The Rocket boys played at Webster County Tuesday, but results were not available at press time.

In the 14-0 victory over Union County, quarterback Hunter Boone threw a touchdown pass to Payton Riley and Branan Lamey rushed for another last Thursday at

Rocket Stadium.

Lamey scored on a four-yard run and Boone connected with Riley on an 18-yard scoring strike. Boone also threw a conversion pass to Ethan Dossett to cap the scoring.

###### INDIVIDUAL STATISTICS

**RUSHING:** Dickerson 6-23, Nesbitt 9-57, Lamey 3-20, Dossett 4-13, Boone 2-8.

**PASSING:** Boone 4-46.

**RECEIVING:** Riley 1-18, Dossett 2-48, Dickerson 1-3.

**DEFENSE:** Lamprecht 2 solos, 2 assists; Dickerson 2 solos, 3 assists, caused fumble; Jackson assist; Riley 2 solos, 2 assists, fumble recovery;

O'Leary 3 assists; Joyce 4 assists; Jones 2 solos, assist; Boone 2 assists; Nesbitt 2 solos, 2 assists, interception; Lamey solo, assist; Dossett solo, assist.



Ethan Dossett (31) catches a pass from quarterback Hunter Boone while a Union County defender and teammate Mitchell Joyce run routes in the background. See more photographs from middle school action at the-press.com/sports.



#### GLOW IN THE PARK 5K RESULTS

5K Run with Obstacles	Payton Riley.....28:59	Vicky Courtney.....32:31	Gavin Dickerson .....35:02	Jason Yates .....42:07	Todd Riley .....46:53	Meredith Conger....51:22
Friday at City-County Park	Stacy Crawford ....29:05	Asher Tabor .....32:46	Sharon Darnell.....36:29	Robin Curnel.....42:48	Rosa Gilliland .....46:55	Amy Dunn .....51:23
Runner Time	Stephanie Call .....29:07	Kristen Cates .....32:51	Jaelyn Duncan.....36:53</			

# Sports

## The Crittenden Press

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Fifth- and sixth-grade cheerleaders for the Crittenden County Junior Pro football league are (front from left) Harli Morris, Mary Perryman, Hannah Faughn, Hadlee Rich, Ryleigh Tabor, Malory Lynn; (middle) Ashlyn Hicks, Savannah Esquivias, Morgan Johnson, Raina West, Emma Williams, Aliyah Frutiger, Callie Brown; (back) Kenlee McDaniel, Kate Keller, Taylor Stoner, Cameron Howard, Allie Geary, Charity Conger, Jaelyn Duncan and Laurel Brown.



Third- and fourth-grade cheerleaders for the Crittenden County Junior Pro football league are (front from left) Allyson Bradham, Reese McWorthy, Carly Travis, Kiley Croft, Genesis Calderon, Jaylin Tapp, Lexi Wesmolan; (middle) Karsen Shouse, Hannah Long, Laken Hunt, Jaylee Champion, Lyli Wesmolan, Raven Hayes, Natalee Buchanan, Rylee Remus; (back) Sydney Harkins, Madalyn Schiller, Addie Hatfield, Hannah Baker, Callie Dempsey, Jenna Newland, Brilee Chittenden and Kaydinz Tinsley.

## Junior Pro Rockets sweep Sturgis in season openers

B teamers post shutout victory

STAFF REPORT

Crittenden County's Junior Pro football teams made it a clean sweep on opening day Sunday, beating Sturgis in three games at Rocket Stadium.

Crittenden's fifth- and sixth-grade team beat the Chiefs 14-6 in a defensive struggle. The advantage might have been much greater had the young Rockets taken better care of the football. Crittenden lost three fumbles during the matchup, including one near the red zone.

The win gives Crittenden a strong edge in the West Kentucky Junior Pro Football League as Sturgis was considered the Rockets' toughest foe in their quest to win the division's championship.

Caden McCalister led the offensive charge with 128 yards on 19 carries. He scored the team's first touchdown with 2:48 left in the opening period. However, Sturgis tied the game at six when Steven Little scored on the ensuing series with a 68-yard run.

The game remained tied until late in the third quarter when Mott broke loose on a couple of good gainers to get the team in scoring position. He finished the drive with a seven-yard touchdown and McCalister barreled into the end zone for the two-point conversion.

Crittenden's defense held the line from there as sixth-grader LaThen Easley was the day's top stopper, finishing with 13 tackles. Lineman Ben Evans had eight tackles, including one for loss, and nose guard Tyler Boone had six tackles, half of them behind the line of scrimmage. The Rocket



PHOTOS BY MEREDITH EVANS  
**Sixth-grader Lathan Easley (48) gets a leg up on Sturgis runner Kaleb Kanipe. Easley led the Rockets with 13 tackles.**

defense allowed just four Sturgis first downs during the entire game while Crittenden piled up a dozen on long drives.

### INDIVIDUAL STATISTICS Fifth & Sixth Graders

**RUSHING:** McCalister 19-128, Mott 11-58, Xander Tabor 9-43, Trace Derrington 2-19, Luke Crider 1-3.

**PASSING:** Mott 0-1-0.

**TACKLES:** Easley 13, Evans 8 (1 TFL), Boone 6 (3 TFL), Tabor 5, Mott 5, Tyler Pigg 5, Ben Dobyns 4, Ian Ellington 4, Brandon Hunt 3, McCalister 3, Chase Stevens 3.

### SATURDAY'S JR PRO KICKOFFS

Game times for Saturday's Junior Pro football games at Rocket Stadium have been adjusted from the originally announced starts. The B team will open play against Webster County at 3 p.m. The third- and fourth-grade game will be at 4 p.m., and the fifth- and sixth-grade game will start at 6 p.m.

Tailback Jack Reddick had two touchdowns as Crittenden dominated the third- and fourth-grade game 30-8. Sturgis didn't score until the last seconds of the contest, barely avoiding the shutout.

Quarterback Seth Guess and running back Preston Morgeson also scored touchdowns in the game. Caden Riley scored on a couple of conversion runs and Reddick added a two-point carry, too.

The Rockets won the third- and fourth-grade B game as well, blanking Sturgis 14-0.

Tyler Belt and Micah Newcom scored touchdowns and Newcom tacked on one two-point conversion carry.

Defensively, the young Rockets were led by Turner Sharp with four solo tackles and Hurst Miniard, who had two quarterback sacks.

### INDIVIDUAL STATISTICS Third & Fourth Graders

**RUSHING:** Guess 2-8, Reddick 12-110, Morgeson 8-105, Riley 5-43.

**TACKLES:** Morgeson 3, caused fumble; Riley 1, Reddick 2, Guess 1, Seth Blackburn 1, Case Gobin 2 (sack and TFL), fumble recovery; Kaleb Nesbitt 1, Peyton Williams 1, Preston Sisco 3 (TFL), Miniard 1 (TFL), fumble recovery; Tyler Belt 1, Briley Berry 2, Levi Piper 1.



Sixth-grader Caden McCalister (top) covers the ball well as he rounds the corner for some of his team-high 128 yards. Above, fourth-grader Jack Reddick looks for running room on the edge. He scored twice for the Rockets.

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All phone numbers listed for ads on this page are within the 270 area code unless otherwise noted.

### for sale

2011 Tracker 12 ft. Jon Boat, Minnkota 30 lb. thrust trolling motor bought with boat, Karavan trailer. \$700. (270) 704-5111. (1t-11-p)

Glider and glider chair, nothing missing, needs painting, \$75. Call Emily Shelby, (270) 965-3486. (tfc)

Glider cover (lined) and glider chair cover (lined), \$50. Call Emily Shelby, (270) 965-3486. (tfc)

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### for rent

1BR, 2 BR and 3 BR mobile homes, furnished, garbage pickup, all appliances, deposit and references required. (270) 704-0877. (2t-12-p)

3 BR, 1 bath mobile home. In country, everything furnished besides washer/dryer. \$350 month. (270) 969-0965. (4t-13-p)

Creekside Apartments is taking applications for 1, 2 and 3 BR apartments. Within walking distance to grocery store, pharmacy, restaurant and dollar stores. Laundry room on-site. Call (270) 965-5000 or come to the office Monday - Friday mornings. Equal Housing Opportunity. (tfc)

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### wanted

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Buying Indian arrowheads and artifacts, especially interested in pipe, pottery and bannerstones. Single pieces to entire collections. (812) 686-3865. (5t-29/15-p)

### yard sales

Tolu Community Center is having a huge yard sale, Sat., 7 a.m.-4 p.m., some items include hospital bed, old wooden rocker, futon, metal kitchen cabinet, chest and dresser, boy's bike, lots of clothing, men's, women's, children's, all seasons and all sizes, household items, décor, exercise bike and lots more, too much to list all. All proceeds to go the Tolu Community Center. (1t-11-c)

Garage sale, Fri., 8 a.m.-4 p.m., 65 Penn Dr. (1t-11-p)

Yard sale, Sat., 8 a.m.-5 p.m. at 324 Collins Rd., Marion. Desk, what-nots, baby toys, clothes, books, smoker and more. No early sales. (1t-11-p)

Yard sale, Sat., 8 a.m.-4 p.m., .3 miles from Marion on U.S. 60 West. Purses, ladies shoes, jewelry, teapots, misc. Not responsible for accidents. (1t-11-p)

Yard sale-Clearance sale, bottom of Moore Hill, 4516 U.S. 60 West, Fri. & Sat., 8 a.m.-?, housewares, linens, knick-knacks, bedding, too much to list. (1t-11-p)

Multi-family yard sale, Sat., 8 a.m.-?, Holland Medical parking lot, 707 South Main St., Marion. Clothes of all sizes, children to plus size for boys, girls, men and women. (1t-11-p)

### animals

Free to good home, black lab, 1 year old, great with kids. (270) 704-6420. (1t-11-p)

### lost

Small yellow female dog in Piney Fork Church area. Call Charlie Cruce, (270) 365-3474. (1t-11-p)

### employment

Commissary representative – full-time: Keefe Group, a leader in the prison commissary supply industry, seeks FT Commissary Representative servicing Kentucky State Penitentiary in Eddyville, Ky. Duties: Hand-deliver store purchases to inmates/vending. Must pass security/background/drug clearance & lift at least 55 lbs. Pay: \$11 per hour, plus benefits. Please apply online at: www.centriclegroup.com/EOE M/F/DV. (1t-11-p)

Waitresses needed at Brenda's Kitchen in Fredonia. Apply in person. No phone calls please. (1t-11-c)

River's Bend is currently seeking a CNA on midnights, 10 p.m.-6 a.m. We have competitive wages, benefits and good shift differentials. If you are interested in joining our team please contact Kim Shoulers at 300 Beech St., Kuttawa, Ky. or (270) 388-2868, ext 212. (1t-11-c)

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### notices

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**Crittenden District Court**

Melissa Guill, Clerk. (1t-11-c)

#### Legal Notice

Notice is hereby given that on September 3, 2014, Lisa Rich of 587 Lilly Dale Rd., Marion, Ky 42064 was appointed Administratrix of Robert Rich, Jr., deceased, whose address was 587 Lilly Dale Road, Marion, Ky. 42064. Hon. Robert Frazer, P.O. Box 361, Marion, Ky. 42064, attorney. All persons having claims against said estate are hereby notified to present the same properly proven as required by law to the administratrix before the 3rd day of March, 2015 and all claims not so proven and presented by that date shall be forever barred. All persons indebted to the estate of the above-named deceased, will please call and settle said debts immediately.

**Crittenden District Court**

Melissa Guill, Clerk. (1t-11-c)

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**TAX**

Continued from Page 1A

unfunded mandates are put in place.

The increase of 1.7 cents on each \$100 of assessed property value is expected to generate \$134,577 additional revenue over last year. According to Cook, the board's chairman, that money will help pay for:

- \$51,000 of new English/language arts textbooks.

- \$15,000 in additional costs for school nurses.

- \$62,000 for increased school bus payments to replace an aging fleet.

There is also an unbudgeted \$17,251 payment this year to the defunct Kentucky School Boards Insurance Trust for a workers compensation bill.

While board members said those numbers are an illustration of the need for more cash, law mandates that a small part of the new revenue must go toward the district's building fund.

Phyllis Orr and Bill Asbridge voted in opposition to the tax increase.

Orr, who said she made up her mind on how to vote after hearing the opinions expressed at last Thursday's forum, added that she would like to have seen the compensating rate taken, which would have produced about the same revenue as last year.

"I just can't vote for the 4 percent," she said.

Meantime, in casting his no vote, Asbridge said he believes the public could benefit from greater access to information on the district's finances before any new tax rate is voted upon.

"We need to put more out there for the public," he said. "I would suggest a better explanation to make the county understand where the cuts are made and where the money is going."

Asbridge said he would like to have seen the board take the compensating rate or split the difference at a 2 percent bump.

"It's a tough spot to be in," said Superintendent of Schools Vince Clark of the

**Superintendent: District pledges more transparency**

**By VINCE CLARK**  
Crittenden County  
SUPERINTENDENT OF SCHOOLS

I want to take a moment, on behalf of Crittenden County School District, to reflect on the input that we received from our citizens in a tax forum on Aug. 28 and a tax hearing last Thursday. As a result of the public input we gathered, our district will:

- Make an effort to provide more transparency on how revenue is collected and expended.

- Modify the class supply list that families are expected to purchase at the beginning of the school year.

- Dedicate time at each board of education working session to review our budgeting process.

need to raise taxes. "We have an obligation to our 1,300 students as well as the community, (but) an investment in our school and students is an investment in our community."

About a dozen members from the community at large attended the tax hearing, with several expressing their opinion before the votes were cast by the elected board.

"I, for one, cannot stand another tax hike," said Linnie Tinsley. "My budget is so tight, I can't afford to squeeze another dollar."

Shelby Collins agreed, adding that she and her husband Harold will be paying more taxes on their home as well as multiple rental properties. To that end, Harold said he's fed up with paying more taxes every time he turns around.

"There's got to be a limit to it," he told the board. "You can't just tax, tax, tax. I'm tired of giving."

"They're not thinking of the kids," Shelby said of the board. "The schools need to be on a budget because the people with kids are on a budget."

Wayne Travis also objected

- Post our monthly budget expenditures on our district website.

- Post our monthly Budgeting 101 PowerPoint training on the district website.

In the spirit of increased transparency, the additional revenue generated by the new tax rate locally will help offset costs involved in upgrading our student transportation, purchasing English/language arts textbooks, upgrading technology and covering increased operational expenses.

We take very seriously the education we provide our students and how we manage revenue to generate opportunities for our students. We are grateful for the continued support to our school district.

to the tax increase, spending several minutes emphasizing the need for more transparency in the budgeting process.

"Is there some way this can be a little more transparent?" he asked. "Most of us comprehend the bind you're in, but I need to know I'm not being taxed (to pay) for a luncheon or things that aren't needed."

Clark said he apologizes to anyone who believes the school district is trying to hide its financial operations. Belt, meantime, pointed to the fact that each month's board meetings and working sessions are open to the public and that anyone with questions about the budget or any issue is free to approach board members or administrators.

"I pledge to be more transparent," Clark said.

In fact, Clark points out in a special report to the public (shown above) the different ways the district will strive to be more open with its financial activities.

The new tax rates for 2014 for the school district are 47.8 cents per \$100 of assessed value on real and personal property.

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**Alleged thieves pick wrong house to ask for assistance****STAFF REPORT**

This one is almost too humorous to believe.

Four alleged criminals knocked on a door in rural Crittenden County to get some help when their trailer loaded with stolen goods broke down early one morning last week.

The problem for them was the man who came to the door saw the loot and realized it was his — or his employer's, to be exact.

Crittenden County Judge-Executive Perry Newcom was pretty certain the heavy H-beams loaded onto a small tandem trailer belonged to the citizens of Crittenden County.

"It looked like the steel beams we'd taken out of the bridge on Turkey Knob Road," Newcom said.

The steel was being stored at the old city dump where the county keeps some of its materials. The

beams were going to be used later on another project. The material allegedly stolen was worth more than \$4,000.

Police think three local men and one woman had hastily loaded the steel onto a utility trailer and were trying to get to Illinois with the cargo at about 7 a.m. Sept. 2 when the trailer came loose from the four-door Ford dually pickup that was pulling it on Ky. 654 North. Apparently, the trailer, which police think may also have been stolen, had a larger hitch and didn't fit the ball on the pickup. Plus, investigators say, it was badly overloaded with more than 7 tons of steel.

Newcom said he tried to delay the alleged thieves but also knew he needed to get

to town in order to verify it was the county's steel. Once that determination was made, he notified Kentucky State Police, the sheriff's department and the Cave In Rock Ferry operator.

Shortly after 8 a.m., Trooper First Class Darren Holliman placed four individuals under arrest after finding them in possession of the materials while waiting for the ferry on the Kentucky side of the Ohio River.

Charged with felony receiving stolen property were Deanaan D. Stormoen, Derrick T. Walton, Carrie A. Cowser and James E. Todd Jr. Todd was also charged with improper equipment, a traffic violation.

All four were arraigned last week in Crittenden District Court.



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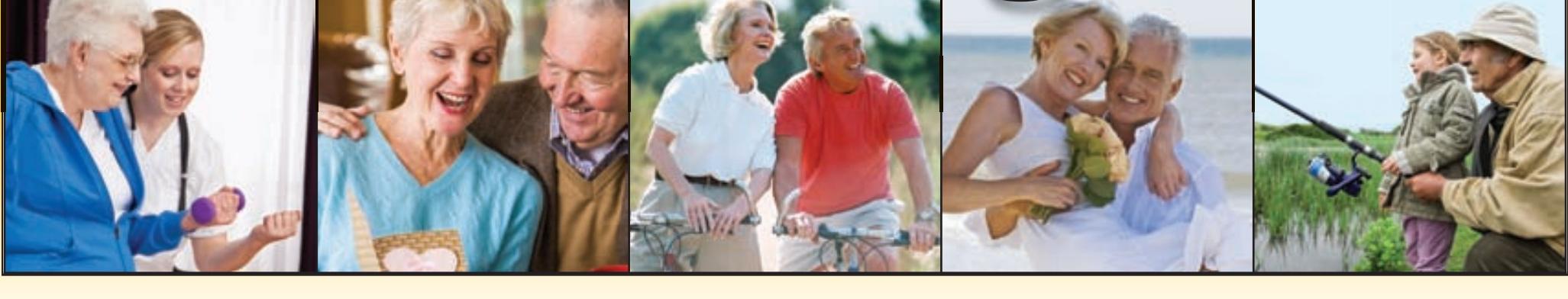
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# Senior Living

The Crittenden Press

Thursday, September 11, 2014

Page 1B



## Ladies enjoy billiards at senior center

By JASON TRAVIS

STAFF WRITER

MARION – Playing pool has always been a popular activity at the Crittenden County Senior Center. And it isn't just the gentlemen who enjoy it. Ladies from the community also delight in a competitive game of pool alongside their spouses and peers.

C.L. and Wanda McDaniel both play pool regularly at the senior center. Wanda said she became interested in it after retiring from the circuit clerk's office in 2005. Each year, the couple spends the winter in Harlingen, Texas, and one year she decided to give the sport a try.

"We stay at a park down there, and they had a pool table. I just picked up a pool stick and started shooting, and I've been shooting ever since," she said. "I love it. It's the competition. You have to think about your shots and the next one you can make and just keep going. I just enjoy it."

Wanda said the nice part about playing pool at the senior center in Marion is the gentlemen cheer for the ladies and want them to do well. She said that isn't always the case where she's played in Texas, where one man refused to play with women.

"I've won one pool tournament here and have won some in Texas. Not very often. But I'm proud when I do win," she said.

She said the gentlemen at the center take it well when she does win, but admits the competition can get fierce during tournaments held each month.

Peggy Brosnihan has been playing pool for more than 15 years. Originally from Ohio, Brosnihan became interested in billiards



The ladies are enjoying billiards just as much as the men at the Crittenden County Senior Citizens Center. Peggy Brosnihan prepares to strike the cue ball while Wanda McDaniel (center) and Barbara Steele look on.

after her husband taught her to play. A member of the Pioneer Pool League, she plays 8- and 9-ball tournaments in Paducah and is looking forward to an 8-ball tourney coming up next

month in Cape Girardeau, Mo. Brosnihan said her favorite part about playing pool is that it gives her the opportunity to meet different people.

"When my husband and I

lived in Florida, we traveled to different bars or pool halls and we'd meet a lot of people that way," she said, adding that participating in championship rounds allows the opportunity to

meet people from different cities and states.

Upon retirement, Brosnihan started visiting the local senior center and said she appreciated how welcoming the gentlemen

were when she began playing.

"It's just like one huge family to me. And everybody helps everybody out," she said. "I find if I play with someone who's skill level is higher, I work harder. I think more. You've got to know when to hit the ball hard and when to hit it soft. There are a lot of techniques you've got to learn."

Barbara Steele also enjoys playing pool at the senior center. Originally from Hebron, Ill., Steele moved to Marion 4 years ago and has been playing pool for more than a year. She still classifies herself as just a beginner, but enjoys the game, calling it a great challenge. She said it's also a good way to stay active.

She appreciates the skill level of both the ladies and gentlemen that play the sport.

"Most of these gentlemen here have done this most of their lives," Steele said. "All these men are really quite efficient at a pool table."

Senior Center Coordinator Kim West is glad to see the ladies join in the sport and classified the games as competitive but friendly.

"Pool playing is one of the favorite activities at the senior center. The women are just as competitive but in a friendly way," she said. "I think it's great that they do it. They all have fun. Usually by the time we open the center all the pool players are playing by 8:30 in the morning, and sometimes they close the center down playing pool."

Crittenden County Senior Center is open from 8 a.m. to 4 p.m. weekdays and is located on North Walker Street in Marion.

## As America ages, senior care options flourish

By MATTHEW PERRONE

THE ASSOCIATED PRESS

WASHINGTON – Millions of families are beginning to grapple with the one major health expense for which most Americans are not insured: long-term care.

About 10 million seniors currently rely on others for daily care, such as help getting dressed, preparing meals or taking medication. That number will only increase as more of the nation's 78 million baby boomers enter old age. Nearly 7 in 10 people will need some form of long-term care after turning 65, according to the Georgetown University Public Policy Institute.

"Nobody wants to go to a nursing home, it's the last resort," says James Firman, president of the National Council on Aging. "People want to stay in their own home, and if they can't, they want to go to a place where they



About 10 million seniors currently rely on others for daily care, such as help getting dressed, preparing meals or taking medication. That number will only increase as more of the nation's 78 million baby boomers enter old age.

can get assistance but that still feels homelike."

Nursing homes are the most

intensive form of long-term care, including round-the-clock medical supervision. That level of

care comes with a steep price tag: the average cost of a semi-private room last year was \$81,000, according to a survey by insurance provider MetLife. A private room ran more than \$90,500.

Fortunately most seniors won't require extended nursing home care. Only 5 percent will need five years or more in a nursing home.

Less intensive alternatives include home-care services that offer help with meals and household chores, and boarding houses where a small number of seniors live with on-site caretakers. But like nursing homes, these services aren't covered by Medicare, the government's health care plan for seniors, or private health insurance.

"The issue is that these are long-term costs and almost all of it comes out of pocket," says

John Migliaccio, director of research for MetLife's Mature Market Institute. "It's important to have some idea about what it will cost dad, mom or your husband to get the care they need."

Insurance policies for long-term care are available, but only about 5 percent of U.S. adults have them. Most families don't plan for long-term care because often the need comes unexpectedly: an elder takes a bad fall or suffers a stroke. Cost is another issue, because policies can run \$1,000 to \$8,000 a year, depending on the seniors' age, health and other factors.

"The people who can really afford long-term care insurance often have enough fixed income that they don't really need it," says Bradley Frigon, vice president of the National Academy of Elder Law Attorneys.

Groups like the National As-

sociation for Professional Geriatric Care Managers recommend that families discuss various options for long-term care and how to pay for them — before they become necessary.

"Once you're already sick that's not the time to start changing doctors, moving to a new place and depending on your kids," says Bunnii Dybins, a senior care adviser with LivHome in Los Angeles.

Here's a quick look at some senior care services to consider:

- Medical alert systems: Perhaps the cheapest and least intrusive option, seniors can use medical alert systems to get assistance in the event of an emergency. Services like Philips Lifeline and Life Alert consist of a necklace or wristband with an emergency button. When

See OPTIONS/Page 3B

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# Scrapbooks can honor seniors

METRO SERVICES

There are so many different and creative ways for families to showcase their heritage and honor a grandparent or other special senior. Scrapbooks are one such way to share the life of a special person and indirectly tell the tale of your family history.

Very often personal history projects are a part of elementary school curricula, so you may already have the makings of a family tree or a family diary in your home. All it takes is a little more research and some planning to design a scrapbook that can be gifted or kept for generations to enjoy.

Begin by making an outline of what you would like to cover in the scrapbook. Perhaps there is a specific event in a grandparent's life that is worth highlighting, like a military tour of duty or a brief stint in show business. Maybe you would like to present different snapshots in time during his or her life. Either way, planning out the content of the scrapbook will make it easier to gather the necessary elements.

Once you've settled on a theme, begin your research by interviewing the eventual recipient (he or she doesn't have to



METRO SERVICES

Scrapbook memorabilia for grandparents may include mementos from military days.

know the reason behind the inquiry).

During the interview, take note of key dates and try to establish the mood of the era with supporting materials. For example, you may be able to find samples of advertisements from a correlating period in history or newspaper clippings that can be used to fluff up the content of the book.

In the meantime, gather photos that can be used in the scrap-

book, which may take some hunting. Prints can be scanned and copied via a desktop scanner at home, or loaded onto a CD or thumb drive and brought to a pharmacy photo kiosk. Some specialty shops can even scan slides or convert stills from film into images. Make sure to make copies of all original prints and be careful not to lose or damage the originals.

Scrapbooks can be made manually with materials pur-

chased anywhere from craft and hobby stores to stationery shops. There are a variety of paper-cutting tools, adhesives, stickers, labels, and stencils that can be used to enhance the look of the scrapbook. There also are computer software programs or online tools through photo-sharing sites that enable you to upload images and text and design photo books entirely online. Then the finished product can be printed out in a variety of finishes. This method may actually be preferable for those who plan to save the scrapbook or anticipate it being such a big hit that others will want their own copies.

Create a digital file of all of your information and copies of images. This way if you ever want to add to the scrapbook or reproduce information in the future you will have all of the information at your fingertips. The scrapbook also will serve as a good source material down the line should future generations want to learn about their ancestors.

Scrapbooking is more than just detailing baby's first birthday or a vacation. This popular pastime can help document the life of a special senior.

## SENIOR CENTER CALENDAR

Crittenden County Senior Citizens Center is open weekdays 8 a.m. to 4 p.m. Lunch is served at 11:30 a.m. each day and is \$3 for those age 60 and older. Milk, coffee or tea are available each day. Reservations are requested. All menu items are subject to change based on availability.

Every day, the center at 210 N. Walker St. in Marion offers billiards, card games, Wii games and the exercise equipment. Call the center at (270) 965-5229 for further information.

Upcoming activities and menu include:

- Today: Menu is baked catfish, navy beans, beets, turnip greens, cornbread and ambrosia.

- Friday: Bingo begins at 10:30 a.m. Menu is oven-fried chicken, baked sweet potato, black-eyed peas, fruit cobbler and wheat bread slice.

- Monday: Ladies exercise class by Full Body Fitness is from

### Fellowship Dinner

Today (Thursday) at 5 p.m.

A fried chicken dinner will be served for a price of \$5.

Richard Maxfield's singing group will perform.

9:45 to 10:45 a.m. Menu is barbecue chicken, whole kernel corn, green bean casserole, whole wheat roll and tropical fruit.

- Tuesday: A Kentucky legal aide will be available beginning at 10 a.m. Menu is beef pot roast, oven-brown potatoes with carrots, whole wheat roll and chocolate pudding.

- Wednesday: Menu is beef vegetable soup, egg salad on wheat bread, crackers and fruit cobbler.

- Next Thursday: Bible study begins at 10:30 a.m. Menu is meatloaf, au gratin potatoes, buttered squash, cornbread and peach slices.

## Catching up on retirement savings for workers over 50 calls for action

METRO SERVICES

The virtues of saving for retirement are extolled from the moment young men and women begin their professional careers. Such advice is sound, and though retirement is a long way off from the start of one's career, those professionals who heed these words of wisdom and start saving early are bound to benefit down the road.

But even the best advice can fall on deaf ears from time to time, and many people simply don't save enough for retirement. A 2013 survey from Fidelity Investments revealed just how much financial trouble the average American is likely to be in upon retirement. The survey asked more than 2,000 participants a range of questions on topics, including their health, retirement and saving habits, and found that the average baby boomer, which includes those born between 1946 and 1964, was on track to reach just 81 percent of their retirement income needs. Those needs include food, shelter and medical care. The study also found that 40 percent of participants across all generations were saving less than 6 percent of their salaries for retirement. That's especially troubling when considering financial planners often advise men and women to save 10 to 15 percent of their salaries for retirement.

Some simple arithmetic and an examination of assets, including retirement accounts and savings, can shed light on how rosy or bleak a person's retirement looks. Young professionals have time to make up for their indiscretions, but men and women over 50 who haven't saved enough for retirement must get to work immediately to ensure their retirement years are comfortable. The following are a handful of ways men and women can catch up on retirement savings.

- Start spending less. The easiest



METRO SERVICES

Studies have shown that men and women are simply not saving enough to finance their retirements. But there are myriad ways for those over 50 to start catching up.

best way to catch up on retirement savings is to start spending less. Men and women over 50 know that the sand in their earnings hourglass is running out, and those behind on retirement savings need to make the most of their earnings in the years ahead. That means cutting out any unnecessary expenses so that money can be used to save for retirement. Examine all of your monthly and annual expenses to find ways to trim some fat. You may want to downsize your vehicle to a less expensive and more fuel-efficient make and model. Golfers can cancel their country club memberships in favor of golfing on more affordable public courses that don't charge hefty annual membership fees. Slashing spending won't be easy, but doing so is the first step toward catching up on your retirement savings.

- Contribute more to your employer-sponsored retirement plan. If you have not been contributing the maximum amount to your employer-sponsored retirement plan, start doing so. This is especially

beneficial if your employer matches your contributions. Contributing more to such plans should not drastically affect your take-home pay now if the plan is a pre-tax plan like a 401(k).

- Make IRA catch-up contributions. The Internal Revenue Service allows men and women over the age of 50 to make annual catch-up contributions up to \$5,500. These contributions must be made to a retirement plan via elective deferrals, and there are additional requirements as well. Men and women over 50 interested in making catch-up contributions to their retirement accounts can learn more at www.irs.gov.

- Put more in traditional savings accounts. Though it's best to put as much money into tax-advantaged accounts, if you are already maxing out your contributions to such accounts it's still good to sock away money into a traditional taxable savings account. It's unwise to expect your retirement accounts to fully fund your lifestyle in retirement, so you will need, or at least want, a

substantial amount of money in savings. The benefit here is the money you put into traditional savings accounts has already been taxed so you won't incur any bills from the tax man once you begin to use that money down the road.

- Postpone retirement. Though it's not ideal for men and women with a target retirement date in mind, postponing the day you call it quits is another way to catch up on retirement savings. Postponing retirement allows you to build a more substantial retirement portfolio while also decreasing the amount of time you will need to rely on that money. This gives you more flexibility in retirement. In addition, Americans who work longer can increase their Social Security benefit because working longer should allow them to delay the day they start taking Social Security payments. Men and women who can wait until age 70 to accept such payments will receive larger monthly payments as a result.

Studies have shown that men and women are simply not saving enough to finance their retirements. But there are myriad ways for those over 50 to start catching up.



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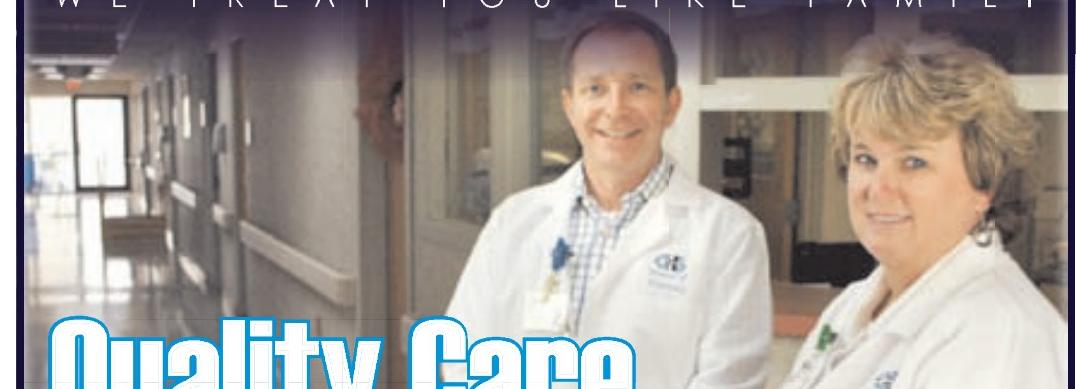
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Ethel Tucker is well into her 90s, and she says Crittenden Hospital is always her first choice. Doctors have sent her elsewhere from time to time, but she prefers to stay at home for her medical care.

"In my 95 years, I have been to the Mayo Clinic and Barnes Hospital in St. Louis and I had just as soon be right here in Crittenden Hospital. I have had cancer surgery at Crittenden Hospital, been to therapy there and a few months ago I was in the hospital there for nine days with a sinus infection. The care is just as good as you can get anywhere. I tell people there is no reason to go elsewhere. I'm satisfied to stay right here if I have to be in the hospital."

-Ethel Tucker



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# Estate planning can make death of loved one easier

## METRO SERVICES

Although inevitable, death is an emotional subject that's difficult to discuss. While estate planning can make people uncomfortable, it is an essential part of securing assets for future generations and can make a death in the family easier for loved ones to handle.

Estate planning is an umbrella term that refers to a host of things that must be done prior to a person's death, including writing a will and even making funeral arrangements. Estate planning attempts to eliminate financial uncertainties and maximize the value of an estate, and allows men and women to state their wishes with regard to long-term healthcare and guardianship for their children.

When done right, estate planning can prevent family feuds and ensure that the deceased's estate stays in the hands of family rather than being relegated to the government. Estate planning can be a complex process, so men and women should seek help to ensure the process goes smoothly.

## Getting started

Estate planning should begin early in a person's life, especially for young parents. It's easy to talk about saving for a home or retirement, but it's not so simple to discuss who will care for your children should you die while they are still minors.

Those who are not able to sort through these answers on their own should enlist the help of an attorney or a financial adviser, both of whom can take some of the emotion out of the discussion and put it in more practical terms.

## The will

A will is an important component of estate planning. Without



METRO SERVICES  
Estate planning can be a complex process, so men and women should seek help to ensure the process goes smoothly.

clearly and legally spelling out your wishes, there is no guarantee that those wishes will be honored. It will be up to a state or province to make potentially life-altering decisions that can impact your surviving family members, and the only way to ensure your wishes will be carried out is to put them into a will.

Although men and women can write their own wills, many people prefer to seek the assistance of an attorney, who can make sure all necessary details are included in the will.

## Medical directives

In addition to a will, estate planning includes your wishes if you become incapacitated or suffer from a serious medical condition that precludes you from making decisions about your care and finances. Spouses can be named to make important health decisions, but you may want to indicate other information, such as life support measures or organ donation, as well.

If you have strong opinions on treatment, medical directives and living wills are a necessity.

## Funeral arrangements

Another aspect of estate planning concerns funeral arrangements. Many people prefer to make their own funeral and burial plans so that these heart-wrenching decisions do not fall on the shoulders of grieving family members. Funeral planning may include choosing a burial plot, selecting a casket, indicating cremation, and paying for everything in advance so there is no financial burden on surviving family members. According to the funeral planning website Efune.com, the average cost of a funeral in the United States in 2012 was more than \$8,500 for a burial service and \$3,700 for a cremation. That's a considerable expense that you may not want surviving family members to pay.

Estate planning is a process that is difficult to discuss, but one that is essential to maximize your assets and ensure your end-of-life wishes are honored.

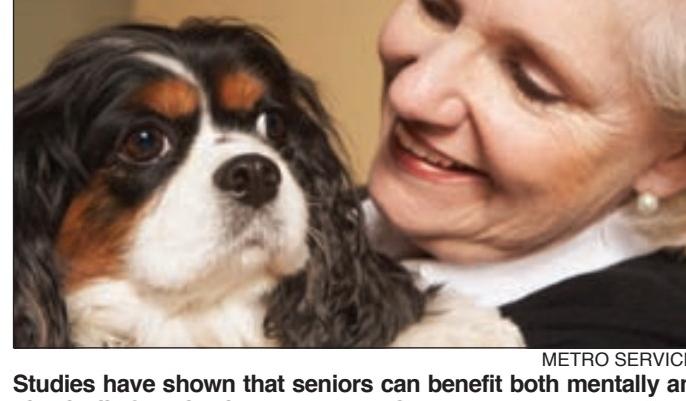
## Dogs can enhance senior living

## METRO SERVICES

Pets often make ideal companions. They are around when a person needs support, they can provide protection for those living alone, they're always willing to lend an ear to problems, and many tend to offer unconditional love. Seniors facing an empty nest or the loss of a spouse may find pets can buoy their spirits. Studies have shown that seniors can benefit both mentally and physically from having a pet around. Pets can alleviate anxiety, depression and boredom.

While pets can provide comfort and companionship, they remain a significant responsibility. Seniors should find an animal that will fit in with their lifestyles. This is an important consideration for those seniors who travel frequently or have mobility issues. In addition, men and women living in senior communities or assisted living facilities should determine if there are any pet restrictions in place.

Those seniors who have decided that a dog will be the best fit can choose among several breeds that may be a good match for their needs. When selecting a dog, consider both size and temperament. Smaller dogs tend to be easier to handle and will need less maintenance. They are easily carried and won't take as long to bathe and groom. Smaller dogs also consume less food than larger breeds, reducing the expense of dog food and the hassle of wrangling large, heavy bags of chow. Temperament is also important, as some breeds tend to be more easygoing than others. Larger breeds may be preferable to a smaller breeds, which tend to



METRO SERVICES  
Studies have shown that seniors can benefit both mentally and physically from having a pet around.

be hyperactive. However, always remember there are pros and cons to each breed, and each dog will demonstrate his own personality traits. The following are some dogs that can be especially compatible with seniors.

- Pug: Equally playful and willing to be a lap dog, the pug requires little exercise and grooming. The breed is typically nonaggressive and submissive. Pugs are good-natured and playful; they don't often bark and are easy to train.

- Shih Tzu: The Shih Tzu lives for attention, but this breed can be dominant and difficult to train. The Shih Tzu will be alert to its surroundings and, despite its small stature, can be a good watchdog.

- Pomeranian: Pomeranians look like big balls of fur and can bring a smile to an owner's face. The breed tends to be perky, can display dominance and can be difficult to train. Because Pomeranians can be dog-aggressive, they may be best as the only pet

in the house.

- Yorkshire terrier: The Yorkie is a diminutive breed in size only, as they tend to have exuberant personalities that dwarf their stature. The ideal lap dog, Yorkies want to lie around and lounge, though some do like to bark. If the fur is kept short in a "puppy cut," the dog can be easy to maintain.

- Pembroke Welsh Corgi: This medium-sized dog hails from Wales and typically requires only moderate exercise and little grooming. They are easy to train and moderately dominant. They don't bark excessively, and they often get along with other dogs.

- Schnauzer: Available in three sizes, Schnauzers are good companions and protectors. This is an intelligent and loyal breed and will need to be kept amused to stave off boredom.

- Brussels Griffon: These dogs do not shed, but they will require professional grooming at least once every 3 months. If socialized early, the Griffon can be a good companion but will likely remain wary of strangers. They are good watchdogs and devoted to their owners.

caregivers don't burn out, and adult day care becomes an important respite during the day."

The average rate for adult day care last year was \$70 a day, or about \$18,000 annually. Licensing and certification requirements vary by state and county. More than 5,000 centers run programs across the country and can be found through groups like the National Adult Day Services Association. The group recommends visiting potential centers and going through a checklist of options and amenities, including door-to-door transportation and accessibility. For more, visit: [www.nadsa.org/consumers/site-visit-checklist](http://www.nadsa.org/consumers/site-visit-checklist).

- Home visiting services: For seniors who want to stay in their homes, visiting services can provide assistance with everything from preparing meals to physical therapy. The typical cost of a homecare service last year was \$20,800, at a rate of 20 hours per week. Most companies offer both homemaking services and medical assistance, which is usually billed at a higher rate.

"Three-fourths of the care people receive in this country comes from spouses, kids and other relatives," says Firman. "The challenge there is to make sure those



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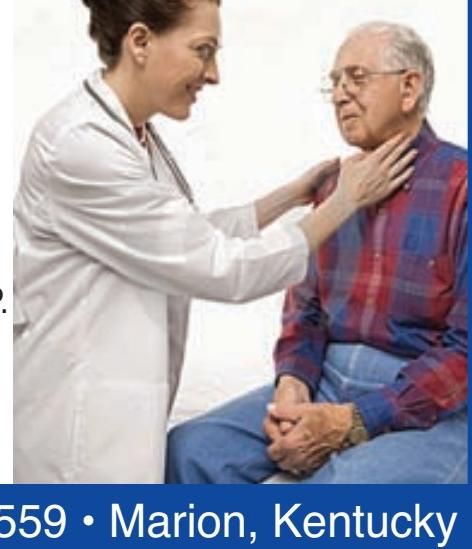


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## OPTIONS

Continued from Page 1B

pressed, a dispatcher who has access to the senior's profile and medical history is called. Depending on the situation he or she will call a neighbor, family member or medical center. Services generally cost between \$30 and \$50 a month. Some companies also offer extra motion-sensor technology that automatically contacts a dispatcher if it detects the user has fallen. For more, visit [www.lifelinesys.com/](http://www.lifelinesys.com/)

- Adult day care: Much like day care for children, adult day care generally operates during business hours Monday through Friday, providing activities and meals for seniors. Perhaps most importantly, these facilities enable caregivers to go to work, run errands or simply take a break.

"Three-fourths of the care people receive in this country comes from spouses, kids and other relatives," says Firman. "The challenge there is to make sure those

caregivers don't burn out, and adult day care becomes an important respite during the day."

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# Growing number of seniors now caring for other seniors

By MATT SEDENSKY  
THE ASSOCIATED PRESS

NOBLESVILLE, Ind. — Paul Gregoline lies in bed, awaiting the helper who will get him up, bathed and groomed. He is 92 years old, has Alzheimer's disease and needs a hand with nearly every task the day brings. When the aide arrives, though, he doesn't look so different from the client himself — bald and be-spectacled.

"Just a couple of old geezers," jokes Warren Manchess, the 74-year-old caregiver.

As demand for senior services provided by nurses' aides, home health aides and other such workers grows with the aging of baby boomers, so are those professions' employment of other seniors. The new face of America's network of caregivers is increasingly wrinkled.

Among the overall population of direct-care workers, 29 percent are projected to be 55 or older by 2018, up from 22 percent a decade earlier, according to an analysis by the Paraprofessional Healthcare Institute, or PHI, a New York-based nonprofit advocating for workers caring for the country's elderly and disabled. In some segments of the workforce, including personal and home care aides, those 55

and older are the largest single age demographic.

"I think people are surprised that this workforce is as old as it is," said Abby Marquand, a researcher at PHI. "There's often people who have chronic disease themselves who have to muster up the energy to perform these really physically taxing caregiving needs."

Manchess came out of retirement to work for Home Instead Senior Care after caring for his mother-in-law, who, too, had Alzheimer's and whom he regarded as his hero. The experience, though taxing, inspired his new career.

Three days a week, he arrives at Gregoline's house, giving the retired electrician's wife a needed break. He carefully shaves and dresses his client, prepares breakfast and lunch, cleans the house and quickly remedies any accidents. He does the laundry and swaddles Gregoline in a warm towel from the dryer, reads him the sports page to keep him updated on his beloved Bears and sometimes pulls out dominos or puzzles to pass the time.

Gregoline is rather sedate this afternoon, relaxing in his favorite chair while occasionally offering glimpses of his trademark wit. Asked if he remembered any-

thing about the Army, he says: "It was a bitch!" Offered the chance to go outside, he responds: "No! I'll freeze my ass off out there!" Describing an abrasive personality of long ago, he offers: "He followed me around like a bad conscience."

Manchess has worked for Gregoline for about a year, and the men are at ease around each other. Past aides to Gregoline have been in their 20s, but Manchess says he thinks his age is an asset.

"Age can be an advantage," he said, pointing to the common conversation points and life experience, including his own health troubles and aches and pains that can come with age. "We hit it off pretty well. Maybe I didn't seem to be too much out of the ordinary."

Around the country, senior service agencies are seeing a burgeoning share of older workers. About one-third of Home Instead's 65,000 caregivers are over 60. Visiting Angels, another in-home care provider, says about 30 percent of its workers are over 50. And at least one network, Seniors Helping Seniors, is built entirely on the model of hiring older caregivers.

Like most occupations, some of the growth in older caregivers

is driven by the overall aging of the population and the trend of people working later in life. But with incredibly high rates of turnover and a constant need for more workers, home care agencies have also shown a willingness to hire older people new to the field who have found a tough job market as they try to supplement their retirement income.

The jobs are among the fastest-growing positions in the U.S., but are also notoriously physically demanding, with low pay and high rates of injury. Manchess has had spinal surgery and says he's especially careful when vacuuming. He's not sure how many years he'll be able to continue this work, and he acknowledges it can be tough.

"Halfway through my shift, I'm a little weary myself," he said. "It takes its toll."

Manchess had worked as an Air Force pilot, then in real estate, then as a school bus driver, before becoming a professional caregiver. As Gregoline contentedly nibbles on his ham sandwich, Manchess wraps up his shift, turning reflective when considering his life's careers.

"I think this is about as rewarding, if not more rewarding, than any of them," he said.



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# United States unprepared to meet housing needs of aging population

AARP RELEASE

WASHINGTON — America's older population is in the midst of unprecedented growth, but the country is not prepared to meet the housing needs of this aging group, concludes a new report released recently by the Harvard Joint Center for Housing Studies and AARP Foundation. According to Housing America's Older Adults — Meeting the Needs of An Aging Population, the number of adults in the United States aged 50 and over is expected to grow to 132 million by 2030, an increase of more than 70 percent since 2000. But housing that is affordable, physically accessible, well-located and coordinated with supports and services is in too short supply.

Housing is critical to quality of life for people of all ages, but especially for older adults. High housing costs currently force a third of adults 50 and over — including 37 percent of those 80 and over — to pay more than 30 percent of their income for homes that may or may not fit their needs, forcing them to cut back on food, health care and, for those 50-64, retirement savings. Much of the nation's housing inventory also lacks basic accessibility features such as no-step entries, extra-wide doorways and lever-style door and faucet handles. This prevents older persons with disabilities from living safely and comfortably in their homes. Additionally, with a majority of older adults aging in car-dependent suburban and rural locations, transportation and pedestrian infrastructure is generally ill-suited to those who aren't able to drive, which can isolate them from friends and family. Finally, disconnects between housing programs and the health care system put many older adults with disabilities or long-term care needs at risk of premature institutionalization.

"Recognizing the implications of this profound demographic shift and taking immediate steps to address these issues is vital to our national standard of living," says Chris Herbert, acting managing director of the Harvard Joint Center for Housing Studies. "While it is ultimately up to individuals and their families to plan for future housing needs, it is also incumbent upon policy makers at all levels of government to see that affordable, appropriate housing, as well as supports for long-term aging in the community, are available for older adults across the income spectrum."

Of special concern as the older population in the U.S. continues to swell are the younger baby boomers who are now in their 50s. With lower incomes, wealth, homeownership rates and more debt than generations before them, members of this large age group may be unable to cover the costs of appropriate housing or long-term care in their retirement years. Indeed, while a majority of people over 45 would like to stay in their current residences as long as possible, estimates indicate that 70 percent of those who reach the age of 65 will eventually need some form of long-term care. In this regard, older homeowners are in a better position than older renters when they retire. The typical homeowner age 65 and over has enough wealth to cover the costs of in-home assistance for nearly 9 years or assisted living for 6 1/2 years. The typical renter, however, can only afford 2 months of these supports.

"As Americans age, the need for safe and affordable housing options becomes even more critical," says Lisa Marsh Ryerson, president of the AARP Foundation. "High housing costs, aging homes and costly repairs can greatly impact those with limited incomes. The goal in our support of this report is to address the most critical needs of these households and it is AARP Foundation's aim to provide the tools and resources to help them meet these needs now and in the future."

